

COMPLETE GUIDE



LINEUP CARD



HEROÍNAS
Y HÉROES
paisanos



Gobierno de
México



Ciudad de México, México

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Villahermosa, Tabasco

PROGRAM OBJECTIVE:



The objective of the **Heroes and Heroines Paisanos Program** is to establish preventive policies, strategies and actions aimed at providing assistance and guidance to ensure that the entry, transit and exit of Mexicans residing abroad is carried out with respect for their rights, the safety of their assets and understanding of their obligations.

Upon your arrival in Mexico, look for the Paisano Modules. These are staffed by “Observers” members of civil society, who provide information on government procedures and services available both inside and outside of Mexico.

Futhermore, if you are a victim of abuse by federal, state or municipal public servants during your transit through the country, these observers can receive your complaints and forward them to the appropriate authorities for investigation

Paisano observers are individuals like you, they have a vocation for service and are eager to support you on your way through Mexico.



Cuilápam de Guerrero, Oaxaca

1.- BEFORE TRAVELING TO MEXICO:

Make sure you have the necessary documents to enter Mexico.



If you are Mexican:

You must carry any of the following documents:

- Passport.
- Citizen identity card or personal ID card, or its equivalent.
- Original birth certificate or certified copy.
- Consular.
- Letter of naturalization, or certificate of Mexican nationality.
- Credential issued by the "Instituto Nacional Electoral" (INE).
- If you do not have documents that prove your nationality, through a second review you will be required to make a sworn statement and provide information to verify your identity and nationality.

If you are a Mexican citizen by birth, you must enter and leave the country as a national, even if you possess or have acquired another nationality.

If you are a foreigner:

- Valid passport or identity and travel document.
- Valid and current visa issued by Mexico. If necessary, or as applicable
- Document proving permanent residence in Canada, the United States of America, Japan, the United Kingdom of Great Britain and Northern Ireland, or any of the countries of the Schengen Area; as well as from the member countries of the Pacific Alliance: Chile, Colombia, and Peru;
- Valid and current multiple-entry visa issued by Canada, the United States of America, Japan, the United Kingdom of Great Britain and Northern Ireland, or any of the countries of the Schengen Area;
- APEC Business Travel Card (ABTC) approved by Mexico.
- Valid immigration document issued by the INM, which proves an authorized stay status in Mexico.

If you enter the country by land and your stay exceeds seven days, you must pay the immigration services fees, which you can do either at the time of your entry or online at the following website:

<https://www.inm.gob.mx/fmme/publico/solicitud.html>

Additionally, you must generate and download your Multiple Migratory Form (FMM) via the following link:

<https://www.inm.gob.mx/spublic/portal/inmex.html>

If you arrive by air, your Multiple Migratory Form is automatically generated once entry is authorized. You can download it at the following link:

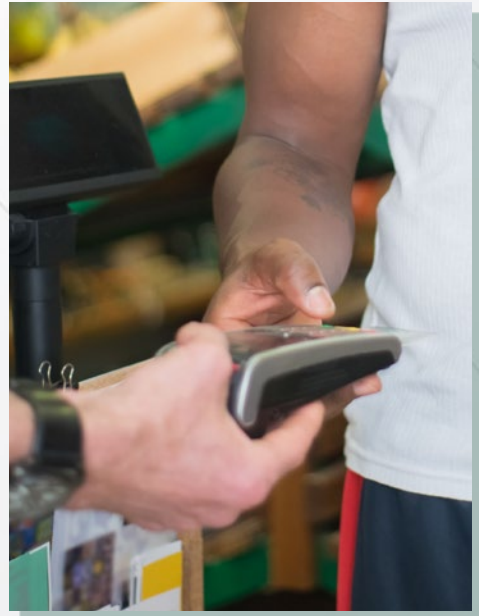
<https://www.inm.gob.mx/spublic/portal/inmex.html>

If you are a foreign visitor

You must pay the “Visitor without permission to carry out paid activities” (DNR).

The DNR is the contribution that foreigners must pay when entering Mexico as a: “Visitor without permission to carry out paid activities”, for the purpose of travel, tourism, business or other, through air, sea and land. During 2026 the corresponding fee for this tax is \$983.00 (Nine hundred and eighty-three pesos 00/100 M.N) per person, which is updated on January 1st of each year.

If you have Mexican nationality you won’t pay the DNR fee.



If you are entering by air, you must present the identification document you used when booking your plane ticket.

Similarly, in accordance with Article 12 of the Nationality Law, Mexicans by birth must, without exception, identify themselves as nationals when entering or leaving the national territory, even if they hold or have acquired another nationality.

As a foreign visitor, you won’t pay if:

- Your stay in Mexico is for less than 7 days and you entered by land as a “Visitor without permission to carry out remunerated activities” (DNR). If you exceed 7 days, you will be charged the DNR when leaving the country.
- You prove any migratory condition other than that of Visitor without permission to carry out paid activities, such as Visitors with permission to carry out paid activities; Border Worker; for adoption purposes; or Temporary or Permanent Resident in Mexico.
- You are a person authorized under educational, cultural and scientific exchange or cooperation agreements.
- You are a member of an aircraft or vessel crew.
- You are a foreign diplomatic person or those with official service visas.

Methods and locations for DNR fee payment?

- If you are traveling by commercial flight the fee is already included in the ticket.
- If your entry is by land, you must pay by:

- a. **Debit or credit card:** You may pay by credit or debit card at the INM immigration checkpoints. It is quick and easy! (Note: American Express is not accepted).
- b. **Internet:** through the link <https://www.inm.gob.mx/fmme/publico/solicitud.html>

Fill out the Multiple Migratory Form and pay with a debit or credit card (Visa and Mastercard). Then, it is important to print your receipt and the Form to get the stamp from the immigration personnel at the filters.

- c. **Bank service:** At any bank on the Northern or Southern Mexican border, first, get your first, get your “Help Sheet” through the following link, <http://www.inm.gob.mx/gobmx/derechos/>.

You must present the payment receipt to the immigration authority.

- d. **Banajercito bank:** You do not require the “help sheet”, you only have to present the bank receipt of payment to the migratory personnel at the filters.

HOUSEHOLD GOODS

If you are returning to live in Mexico voluntarily or due to an order from the competent U.S. authority, and you want to bring your personal belongings as well as the tools you used for your trade in the United States, you may request the procedure either **in person** at the nearest Mexican consulate or **online** by visiting:

<https://www.menajedomestico.gob.mx/>

You will only need to present a document proving your nationality and complete the list of items found on that website.

IF YOU WERE BORN IN THE USA AND YOUR MOTHER OR FATHER ARE MEXICANS, YOU ARE ALSO ENTITLED TO MEXICAN NATIONALITY.

Dual Nationality gives you benefits.

When you obtain the Mexican nationality, you do not lose the American nationality, even if you were born outside Mexico. If you were born in the United States of America (USA), you may obtain the Mexican nationality if you are a descendant of a Mexican national. Visit the nearest Mexican consulate to request your Mexican birth certificate and passport.

Check the consular offices directory here: <https://consulmex.sre.gob.mx/>

If you were born in Mexico and obtained US citizenship before March 20, 1998, now you may reclaim your Mexican citizenship. Check the requirements on the website: <https://sre.gob.mx/declaratoria-de-nacionalidad-mexicana-por-nacimiento>



You may also be eligible for the American citizenship without losing your Mexican nationality. If your mother and/or father is an American citizen or if you already lived for at least 5 years as a permanent resident in the United States, you may be eligible for the American citizenship. Check the requirements on the following US government website: <https://www.usa.gov/espanol/naturalizacion#:~:text=Las%20personas%20nacidass%20en%20Estados,a%20trav%C3%A9s%20de%20los%20padres>

Who is entitled to Mexican nationality?

- People born in Mexico.
- People born abroad, descendants of Mexican nationals.
- People born abroad, descendants of parents who were naturalized as Mexicans before their birth.
- People born on board Mexican war or commercial vessels or aircraft.
- People of Mexican nationality who obtained another nationality after March 20, 1998 or who have a "Declaration of Mexican Nationality" by having obtained another nationality before that date.
- Foreigners who obtain a naturalization letter from the Mexican Secretariat of Foreign Affairs (SRE).

IF YOU HAVE NOT YET COMPLETED THE DUAL CITIZENSHIP PROCESS FOR YOUR CHILDREN, YOU MAY DO SO EITHER ABROAD OR WITHIN MEXICO.

In the USA: To register a person who was born outside the national territory as a Mexican, and who is a descendant of a Mexican national, visit your closest Mexican consulate. Schedule your appointment by contacting your consulate at the following link: <https://www.miconsulado.sre.gob.mx>

The requirements to obtain a Mexican birth certificate are:

- a. The person to be registered must be present, and if it is a minor, he or she must be in the company of his or her parents or those who are exercising parental authority (they must present power of attorney with a single clause or sentence of the judge).
- b. Proof of Mexican nationality of the mother, the father, or both, such as a birth certificate, naturalization certificate (provided the parent naturalized prior to the child's birth), declaration of Mexican nationality, valid Mexican passport, or high-security consular ID (valid).
- c. Certified copy of the local birth certificate of the person to be registered, if he or she was born abroad. If the document is in a language other than Spanish or English, it must be translated into Spanish, but it does not need to be apostilled, unless it has been issued in a country other than where the consular office is located. In this case, the "Long Form" of the document must be legalized or apostilled, as applicable. For further reference, we provide the link to the "vital records" page, which explains the "Long Form" format of the birth certificate: <https://www.vitalrecordsonline.com/blog/long-form-vs-short-formbirthcertificate/#:~:text=Long%2Dform%20birth%20certificate%20is,exists%20and%20is%20on%20file>
- d. Present valid and signed identifications of everyone involved in the registry.

In Mexico: The procedure to register your sons or daughters as Mexicans is called "REGISTRATION OF ACTS OF THE CIVIL REGISTRY OF MEXICANS CARRIED OUT ABROAD". You may apply at your local Civil registry office. By way of example, visit the Directorate General of the Civil Registry of Mexico City website: <https://registrocivil.cdmx.gob.mx/step/22> ,

Select the option "REGISTRATION OF ACTS OF THE CIVIL REGISTRY OF MEXICANS CARRIED OUT ABROAD" to consult the costs and requirements to be covered.

It is sufficient to present the foreign birth certificate along with the birth certificate of the Mexican parent(s) to establish identity and Mexican nationality. Therefore, consular legalization or an apostille of the local birth record of the person being registered will not be required. A simple translation of the certificate into Spanish must be included.



Passport for adults

You can find information about the Mexican passport process on the website MiConsulado: <https://www.miconsulado.sre.gob.mx/>

To apply for a passport for the first time in a Mexican consulate, you must:

1. Make an appointment through the **MiConsulado** ([citas.sre.gob.mx](https:// citas.sre.gob.mx) or calling 1(424)-309-0009).
2. To make an appointment, call the MiConsulado helpline or send a WhatsApp message to the same number. If there is no existing record of the nationality proof document in the available databases, the applicant must present the original of one of the following official documents to verify their nationality:
 - * Birth certificate issued by the Mexican Civil Registry Office, a consular office, or through the Internet, provided that the registration was made within the first ten years after birth.
 - * Declaration of Mexican nationality by birth.
 - * Certificate of Mexican nationality.
 - * Naturalization letter.
 - * Certificate of consular registration referred to in Article 3, section VI of the Nationality Law.
- Present the original of any of the following official ID's to verify your identity:
 - * Mexican voting card issued by the National Electoral Institute.
 - * National Military Service identity card.
 - * Professional license.
 - * Professional title.
 - * Certificate of Mexican nationality
 - * Declaration of Mexican nationality by birth
 - * Letter of Mexican naturalization
 - * Consular Identification Card
 - * Valid credential issued by the National Institute for Older Adults or its local equivalent
3. Pay the corresponding fee. Rates are updated on January 1st of each year.
4. Allow biometrics to be taken by uncovering your head and removing your glasses.
- If you want your spouse's name to be included in the passport, you must present a copy

of the Mexican marriage certificate. If it is foreign, it must be legalized or apostilled and translated into Spanish.

- Make an appointment through the MiConsulado service (citas.sre.gob.mx or 1(424)-309-0009).
* To make an appointment, you can call directly to the MiConsulado telephone number or you can save the number in your contacts send a message directly via WhatsApp.
- Present the previous valid or expired passport.
- Current official identification.
- Pay the corresponding fees. Rates are updated on January 1st of each year.
- If you lost or had your passport stolen, you must present proof of nationality and identity documents as if it were the first time you apply for your passport. You must also present a copy of the theft report filed with the police or a certificate issued by the consular office, indicating whether it was stolen or lost.
- Allow the collection of biometrics with an uncovered head and without glasses.
- In the case of individuals with disabilities, additional information must be requested from your consulate.



Passport for minors

To apply for a passport for the first time in a Mexican consulate, you must:

- Make an appointment through the MiConsulado service (citas.sre.gob.mx or 1(424)-309-0009).
- To make an appointment, you can call directly to the MiConsulado telephone number or you can save the number in your contacts and send a message directly via WhatsApp.
- If there is no existing record of the minor's documentary proof of nationality in the available databases, the following documents must be presented:
 - (i) The birth certificate issued by the Mexican Civil Registry Office, a consular office, or through the internet, provided that the registration was made more than two years after the minor's birth.
 - (ii) Certificate of naturalization letter.
 - (iii) Consular Identification Card to prove the nationality of the minor.

Present ONE of the following documents to prove the identity of the minor. It must be the original document and include a photo:

- (i) School certificate, sealed with the official stamp of the school or educational institution;

- (ii) Document issued by an educational institution, starting with elementary education and upward. It must be written on the school's letterhead, and include the full name of the minor, degree of studies, as well as the full name, signature and position of the director of the institution issuing the certificate, and contact details. If the photo of the minor is superimposed or glued, it must be stamped with the school seal or the signature of the principal by the edge of the photo and must not cover the face;
 - (iii) Valid student card, issued by a public or private institution incorporated into the Mexican Secretariat of Public Education or by the Secretariat of Education of the country or state in which the consular office is located;
 - (iv) Medical services card of a Mexican or foreign public health or social security institution, recognized in the district of the consular office. It must contain at least the full name and photo of the minor;
 - (v) In the absence of any of the aforementioned identifications, children under 7 years of age may also present a medical record of an institution recognized by the law of the place where the person is located, with the following characteristics: written on the medical institution's letterhead, and it must include the patient's full name, age and digitized photo, or, if it is an overlapped or pasted photo, it must be stamped with the medical institution seal and signature of the treating physician. Care shall be taken to ensure that the seal or signature does not cover the face, the date on which he became a patient in that place, the name, signature and position of the pediatric doctor issuing the letter or the director of the institution, and contact details.
- Prove the kinship and identity of the parents or person(s) exercising parental authority or guardianship.
 - Present valid identification cards of parents or guardians:
 - (i) Voting card issued by the National Electoral Institute.
 - (ii) National Military Service identification card.
 - (iii) Professional card; (iv) professional title.
 - (v) Declaration of Mexican nationality by birth.
 - (vi) Letter of Mexican naturalization.
 - (vii) Citizen identity card.
 - (viii) Consular Identification Card.
 - (ix) Valid credential issued by the National Institute for Older Adults or its equivalent; or
 - (x) Valid passport.
 - Consent of parents or persons exercising parental authority for the issuance of an ordinary passport to the minor by completing an OP-7/I or OP-7/II form at the consulate, or by presenting testimony before a Mexican notary public, or by judicial decision.
 - Pay the corresponding fees. Rates are updated on January 1st of each year.

In case of any doubt, visit your consulate for more information.

Certified copies of birth certificates

You may obtain certified copies of birth certificates issued in a consulate or in national territory, submitting the following documents:

- Official identification attesting that the applicant is the person named in the birth certificate.
- Provide the necessary information to conduct the search for the record in the system.
- Fee payment. Amounts will be updated on January 1st of each year.

Other procedures you can carry out at the consulate

Process your National Military Service identification card and its issuance upon availability or exemption, as well as other services related to National Military Service. These services include, for example, changes of domicile, certification of being over 40 years old without having obtained the booklet, booklet renewal, or corrections to the base data in the military service booklet. For more information, please visit your consulate.

At the consulate you can also request the following notarial procedures:

- a. **Grant power of attorney.** For a person to represent you in Mexico. (For example, to sell a house, collect rents, report to an authority, etc.).
- b. **Grant revocations of powers.** You may also revoke the power of attorney you have granted in Mexico.
- c. **Grant open public testament.**
- d. Repudiate hereditary rights.
- e. Agreements in the exercise of parental authority by minors and persons with disabilities.

Consular Identification Card

All information about the consular registration process is available on the MiConsulado portal: <https://www.miconsulado.sre.gob.mx>

The Consular Identification Card is an official document that is granted to Mexican people living in the United States, Spain and Costa Rica. . It is valid for a period of five years. Consular Registration: Verify nationality, identity and domicile within the country where it is issued.

To apply for your card, you need to:

- To schedule an appointment through the MiConsulado service (at [citas.sre.gob.mx](https:// citas.sre.gob.mx) or by calling 1(424)-309-0009). To book your appointment, you can call the MiConsulado number directly or save it to your WhatsApp contacts and send a message for more convenient service.
- If there is no existing record of the nationality proof document in the available databases, the applicant must present the original of one of the following official documents to verify their nationality: A certified copy of your birth certificate, issued by the Mexican Civil Registry office, through a consular office, or online, along with a certificate or declaration of Mexican nationality, or a naturalization letter.
- Present an official photo ID: passport, national military service ID card, voting card, US resident card, etc.
- Proof of address: hospital, telephone, electricity, gas or water bills, and tax documentation with your address, among others. Please note P.O. Boxes are not accepted.
- Pay the corresponding fees. Rates are updated on January 1st of each year. Rates are updated on January 1st of each year.

To have your spouse's last name included in the registration, you will need to submit a copy of the Mexican marriage certificate. If it is a foreign certificate, it must be legalized or apostilled and translated into Spanish.

To process the consular registration of minors, the person(s) exercising parental authority or guardianship must submit the following original documents:

- A document proving the Mexican nationality of the minor, as indicated in the 'Passport for Persons Under Age' section.
- A document proving the identity of the minor, as outlined in the 'Passport for Minors' section.
- The authorization form for the person(s) exercising parental rights or guardianship, which is provided at the Mexican Consulate or the corresponding SRE Passport Office in Mexico, in cases where the parties live in different locations.
- Official photo IDs of the person(s) exercising parental authority or guardianship, whose names match those recorded in the minor's birth certificate.
- Pay the corresponding fees. Rates are updated on January 1st of each year. Rates are Pay the corresponding fees.

If you have any questions, please contact your consulate for more information.

If you visit Mexico, remember that you can use the opportunity to:

Apostille Mexican documents.

This procedure is carried out before the following authorities:

- Secretariat of the Interior/ Secretaría de Gobernación (federal procedures).
- State Government (local procedures).

For more information visit:

- <https://www.gob.mx/segob/acciones-y-programas/apostilla-de-documentos-80714>
- <https://dicoppu.segob.gob.mx/es/DICOPPU/Apostille>

Also, you can receive assistance in the following matters:

Repatriation Process of Mexicans abroad with serious medical conditions

The process aims to channel serious patients according to their condition to health institutions near their original place in order to provide the required medical care and treatment in the shortest possible time.

Process:

1. Go to the nearest Mexican Consulate and explain the general condition of the sick family member. It's necessary to present the details of the hospital where you are receiving medical attention.
2. Present one of these official documents to prove the Mexican nationality of the sick person Birth Certificate, Unique Population Registration Code (CURP, by its Spanish acronym), National Identification, consular registration, or passport.
3. Sign a responsive letter where the person or a family member in Mexico agrees to be responsible for the care required by the sick person, including accompaniment during their process of care and medical treatment. A copy of official identification must be attached.
4. Once the information is complete, the consular representation will request medical records from the hospital where the sick family member is in the U.S. and will send a request for

support to the Secretariat of Health of Mexico or Health Services where the person originates from.

Subsequently, the health unit or hospital with the necessary infrastructure to care for the sick person will be designated. Finally, the Secretariat of Foreign Affairs will be notified to inform you about the institution that will provide the medical care required by your family member once they are in Mexican territory.

The transportation of seriously ill nationals to Mexico is not free, and the medical attention required by your family member could have a cost.

Health Windows (HW)

The HW is a strategy of the Government of Mexico implemented by the Secretariat of Health and the Secretariat of Foreign Relations (SRE) through the Institute of Mexicans Abroad (IME).

Objective: Health Windows (HW) are partner organizations that operate within Consulates through health promoters. They provide information and guidance on disease prevention and care. Likewise, they offer vaccination and screening services—with an emphasis on chronic degenerative diseases—in a confidential and free manner, in Spanish, and regardless of immigration status.

Current situation: Currently, 51 Health Windows (HW) and 2 Mobile HW (Detroit and New York) operate across Mexico's Consular Network in the United States.

Additionally, there are 2 Health Windows in Canada: Leamington and Montreal.

Services:

- Guidance on taking care of your health and preventing diseases.
- Timely detection of some conditions to verify your health status.
- Referral to health services (community clinics) so that you receive specialized medical service.
- Information about social programs and health insurance alternatives for Mexicans residing in the United States.
- Mental health care module.

<https://ventanillasdesaludums.org>
<https://ime.gob.mx/salud>

Binational Health Week (BHW)

Objective: Binational Health Week (BHW) is an annual initiative that brings together community organizations, federal and state agencies, and health volunteers across the 50 states of the U.S. to improve the health and well-being of the Latin American migrant population. BHW has been held for over 25 consecutive years and has benefited more than 8,500,000 people.

Services:

It takes place in October, in coordination with the HW at the Mexican Consulates. The activities include health days, fairs, educational workshops, talks, referrals to community clinics and hospitals, enrollment in health insurance programs, immunizations, and basic free screenings.

Additionally, prevention and health promotion activities are offered, including basic and specialized early detection services.

- <https://ime.gob.mx/salud/programa/semana-binacional-salud>

Educational Guidance Windows (EGW)

The EGW's provide information on various educational opportunities in the United States and Mexico and guide you on the following topics:

- Education in Mexico for students returning from the US.
- Local educational offer at basic, medium and higher level.
- IMME-Scholarships, in different modalities: adult education, middle and higher education and job training, this through social organizations, Community Plazas or through educational institutions.
- Primary and secondary literacy for adults.
- English, Computer Science, General Education Degree (GED), HiSET Exam and Labor Certifications.
- Distance education options such as: Distance Baccalaureate from UNAM, SEP Online High School, Open and Distance University of Mexico (UNADM), among others.

System of Equivalence and Validation of Higher Education Studies (SERE). For more information, visit: <https://sere.sep.gob.mx/login.jsp>

We also invite you to check the "Educative Guide: Education for all" and the "Educative App for Mexicans abroad and returning to Mexico" in which you'll find relevant information about the options and educational opportunities in four areas: General educational opportunities, educational support in the USA, options if you plan on going back to Mexico and contacts for resolving any doubt".

- **Educational Guide:** <http://ime.bunam.unam.mx/>
- **For more information about the EGW visit:** <https://ime.gob.mx/educacion/programa/voe>

Community Spots (CS)

If you live in the United States, the INEA has 217 Community Places, where you can begin, continue, conclude and/or certify your primary and secondary education, with official validity by the Ministry of Public Education (SEP). You will have advisors who will give you guidance and follow-up during your training.

Community spots in the USA:

<https://ime.gob.mx/educacion/programa/plazas-comunitarias-en-eua>

Binational Education Week (BEW)

It is an annual event, in coordination with various representations, as well as local allies and public and private institutions. The event offers workshops and activities focused on local educational services and the educational opportunities that Mexico provides to the Mexican migrant community abroad.

For more information visit: <https://ime.gob.mx/educacion/programa/sbeime>

Books in Spanish

In order to support education and strengthen the identity of children and young people of Mexican origin living in the United States, an annual program was established to donate free textbooks to schools, public libraries and community centers, to be used as support material in the education of monolingual children in Spanish, and for the teaching of Spanish as a second language. You can also consult them online: <https://libros.conaliteg.gob.mx/>

“OUTDOOR LEARNING AT HOME”, offers support in basic education through television, internet, radio and free textbooks to Mexican and Spanish-speaking children and adolescents who live abroad and thus provide them with pedagogical and educational tools to their personal and professional training.

With this new alliance, the SEP offers a diversity of Mexican educational materials for the Mexican community beyond the borders. The Learn at Home Abroad platform - <https://aprendeencasa.sep.gob.mx/> - and on the YouTube channel <https://www.youtube.com/c/aprendeencasa>.

Learn in House includes in each class of all educational levels and grades the Mexican Sign Language and translations into 31 native languages of Mexico.

If you return to Mexico

<https://ime.bunam.unam.mx/appime/regresoamexico>

All girls, boys and adolescents have the right to attend school, regardless of their immigration status.

Girls, boys and adolescents must be accepted in any public or private school, in the school grade that corresponds to them at any time of the year, admission will be immediate even if the student does not have identity or academic documents at the time of admission. their registration, likewise, the authorities of the public or private school, will accompany them in the process of admission, permanence, transit and certification of basic studies.

With this strategy of access to education by the SEP and the IMME, Mexican government aims to eradicate the educational gap among the migrant population in a situation of return and repatriates for not having personal documents that guarantee their nationality or academic studies.

Financial Counseling Windows (FCW)

The FCW's are permanent service modules located in Mexico's diplomatic missions abroad. Their function is to provide timely information to the Mexican community to strengthen their inclusion and financial education, benefiting their integration in the country of residence and protecting their assets and those of their families in Mexico.

There are currently 54 Windows operating (50 in the United States, 2 in Canada and 2 in Germany).

The information you can find is about:

- Heritage protection
- Banking Service
- Remittances



- Money management
- Savings
- Credit / Debt
- Taxes
- Business opening / Investments
- Entrepreneurship
- Financial education workshops

For more information on the FCW visit: <https://ime.gob.mx/vaf/programa/vaf>

Guide Better to Be Prepared

The IMME, with the support of the National Commission for the Protection and Defense of Financial Services Users (CONDUSEF), has developed the guide It's Better to Be Prepared: Protect Your Assets and the Integrity of Your Family. This booklet is designed to provide the Mexican community with practical and reliable advice to safeguard their integrity, assets, and finances abroad, as well as useful guidance for those considering their return to Mexico.

Consult the complete Guide here:

<https://www.condusef.gob.mx/documentos/mxexterior/mvep/guia-mvep-2025.pdf>

Microsite for Mexicans Abroad:

The IMME, in collaboration with the National Commission for the Protection and Defense of Financial Services Users (CONDUSEF), offers this web portal, which provides various materials and informational tools on financial education to help improve the finances of the Mexican community living abroad and their families in Mexico.

For more information, visit the following page:

<https://www.condusef.gob.mx/?p=mexicanos-exterior>

Foreign Service Module (FSMO)

It is a free personalized assistance service, where nationals can obtain information about existing financial products and services both in Mexico and abroad.

The MAEX is a service channel offered by CONDUSEF for Mexicans who attend the Mexican Consulate. Currently there are 32 MAEX in the Mexican Representations based in Atlanta, Boise, Chicago, Dallas, Philadelphia, Frankfurt, Fresno, Houston, Kansas City, Los Angeles, Miami, Del Rio, New Brunswick, New Orleans, New York, Omaha, Oklahoma, Orlando, Oxnard, Phoenix, Raleigh, Sacramento, San Antonio, San Bernardino, San Diego, San Francisco, San José, Santa Ana, Seattle, Tucson and Yuma.

Learn more at:

- Site for Mexicans Abroad: <https://www.condusef.gob.mx/?p=mexicanos-exterior>
- Assistance Module Abroad (MAEX): <https://www.condusef.gob.mx/?p=maex>

FINABIEN Card:

To reduce the cost of remittance shipments from the United States to Mexico, the Mexican diplomatic missions in the United States, in collaboration with the Financial Institution for Wellbeing (FINABIEN), promote the "FINABIEN Card." This card enables easy, fast, and secure money transfers to Mexico with a low, competitive fee and instant processing through a mobile application that allows users to manage two accounts and two cards—one in dollars and the other in pesos.

For more information, consult:

<https://finabien.gob.mx/gobmx/remesa-paisano/>

<https://tarjetafinabien.com/>

Direct to Mexico:

This Program is designed by the Bank of Mexico (BANXICO) and the Federal Reserve of the United States of America to use the payment systems managed by both central banks in order to take advantage of the infrastructure and reduce the costs of sending money to Mexico and, in this way, promote the well-being of the population of Mexican origin living in that country and their relatives in Mexico.

In addition to the fact that shipping costs are the lowest in the market, the system allows you to open a savings account in Mexico and start a credit history that serves to obtain other types of credits and services. Thus, not only is banking access promoted in the United States but also in our country

For more information visit:

<http://www.directoamexico.com/>

<https://www.banxico.org.mx/sistemas-de-pago/directo-mexico-remesas-banco-.html>

Who is Who in Money transfers?

It is a PROFECO tool that helps to choose the best remittance company to send or receive money from the United States. The charts and blackboards indicate the costs and characteristics of shipping services in twelve US cities: Chicago, Dallas, El Paso, Houston, Indianapolis, Los Angeles, Miami, Nueva York, Sacramento, San Diego, San Jose, and Tucson.

For more information visit: <https://qqed.profeco.gob.mx/>

Savings for retirement

The National Commission for the Retirement Savings System (CONSAR) collaborates with the Institute for Mexicans Abroad (IMME) to bring the benefits of the Retirement Savings System (SAR) and AFORE accounts in Mexico to Mexican citizens living abroad through the following initiatives

- **Sartel International:** Call center where free guidance and advice on the SAR is provided to compatriots residing in the United States, Canada, and 25 Latin American countries. Among the services offered are: locating the AFORE account, saving in the AFORE from abroad, registering an AFORE account, and personalized attention with specific advisors.

- **E-sar Portal (www.e-sar.com.mx):** A SAR website that allows users to access information, technical assistance, and make voluntary contributions to their AFORE in an easy, automatic, secure, and recurring manner.

- **Microsite for Mexicans Abroad:** A dedicated microsite that provides relevant information on the benefits of the Retirement Savings System (SAR) and AFORE accounts in Mexico for those living abroad.

- **Afore Móvil and Afore Web: (<https://www.aforeweb.com.mx/>)** They are free digital platforms that allow you to open an AFORE account for the first time, track your savings from abroad, or locate your retirement savings already invested in an AFORE in Mexico.

- **Microsite for Returning Mexican Nationals:** Sites where you can find information about the benefits of the SAR and the AFORE account in Mexico.

- **SAR line for repatriated people:** Since April 18, 2022, a telephone number and an email address have been implemented for repatriated Mexicans, with the purpose of offering personalized information about the SAR and the AFORE account to Mexicans who have a repatriation document or voluntary return certificate number issued by the National Migration Institute (INAMI).

For more information visit:

- <https://www.gob.mx/consar>
- <https://www.gob.mx/consar/es/articulos/nuevo-sartelinternacional?idiom=es>
- <https://www.gob.mx/consar/es/articulos/informacion-para-migrantes?idiom=es>

INFONAVIT Housing Programs

Infonavit Without Borders: Pay your Infonavit loan—or that of a friend or family member—from abroad, so your loved ones can continue to enjoy the security of their home. Do it quickly and safely through authorized remittance providers such as Dolex or Barri Financial Group.

The main benefits of this plan are:

- You can pay a family member's or friend's credit without the need for additional paperwork.
- You can make payments on the INFONAVIT credit from anywhere in the United States.
- Infonavit covers all transaction fees for your loan payments.
- Savings for Housing through the Independent Workers Program of IMSS: You can make voluntary contributions to gain access to housing loans through INFONAVIT.

For more information, please visit the following link, go to the "Payment Methods" section, and click on "Payment from the United States":

- <https://portalmx.infonavit.org.mx/wps/portal/infonavitmex/mx2/derechohabientes/tengo-un-credito/pagos/>

My INFONAVIT Account (MIA): This is the platform created by INFONAVIT to allow beneficiaries to complete procedures with the Institute quickly and easily, without leaving their home or office.

<https://micuenta.infonavit.org.mx/>

Registration Requirements:

- Social Security Number (SSN)
- CURP
- RFC
- Email address
- Mobile phone number

Available Inquiries: Accumulated savings in the Housing Subaccount, Loan account statement (if you have a loan), Loan balance, Status of your loan application, Employment history registered with the IMSS, and more.

Available Procedures: Pre-qualification to apply for a loan, updating or correcting personal information (name, CURP, or RFC), initiating the loan application process, requesting mortgage cancellation, requesting a refund of excess payments or the balance in the housing subaccount, downloading the interest certificate for annual tax returns, making loan payments from within Mexico, and more.

Voluntary Contributions: You can set up a voluntary savings plan with Infonavit by registering on the IMSS website as an independent worker. Simply select the Infonavit option to begin saving. Once registered, you can start making contributions according to the payment methods established by IMSS. When you reach your savings goal, you'll be eligible to apply for the loan that best suits your needs.

For Questions or Support:

Contact the dedicated IMSS helpline for Mexicans abroad and their families at +52 55 4166 5415, available Monday to Friday, from 9:00 AM to 6:00 PM (Mexico City time).

Also, you can email the migration assistance team at: atencionmigrantes@infonavit.org.mx or call Infonatel at +52 1 55 9171 5050 from the United States.

For more information, visit: <https://infonavitfacil.mx/personas-trabajadoras-independientes/>

Remember: ***All Infonavit procedures are completely free.***

Affiliation Program to the Mexican Institute of Social Security for Self-Employed Workers (SEW):

The Security Social Institute (IMSS), in coordination with the Institute of Mexicans Abroad has signed an agreement to promote the insurance scheme for self-employed workers within the Mexican diaspora.

The insurance scheme allows both self-employed workers outside of Mexico who choose to join the IMSS, as well as their family members, to receive medical services and social benefits in Mexico. This includes coverage under the five types of insurance outlined by the Social Security Law:

- Sickness and Maternity Insurance
- Occupational Risk Insurance
- Disability and Life Insurance
- Retirement, Unemployment Insurance in Advanced Age, and Old Age
- Child Care Insurance and Social Benefits
- Housing savings (optional)

This program offers a simplified registration and payment process, which can be done online by the worker on a monthly, weekly, or annual basis. By registering in this scheme, people of Mexican origin residing abroad with a history of contributions in Mexico will be able to reactivate their contribution history, continue contributing to their Retirement Savings Fund, and earn the right to receive a pension.

For more information visit:

• <https://www.imss.gob.mx/personas-trabajadorasindependientes/mexicanos-en-el-extranjero>

• <https://www.imss.gob.mx/personas-trabajadoras-independientes>

RFC REGISTRATION FOR MEXICANS ABROAD:

The Tax Administration Service (SAT) and the Institute of Mexicans Abroad (IMME) promote the Federal Taxpayers Registry (RFC) for Mexicans living abroad. This initiative aims to encourage fiscal equity, ensure compliance with tax obligations, and provide access to Mexican government services.

If you are a Mexican living abroad without tax obligations in Mexico, you can register for the RFC through the Virtual Office.

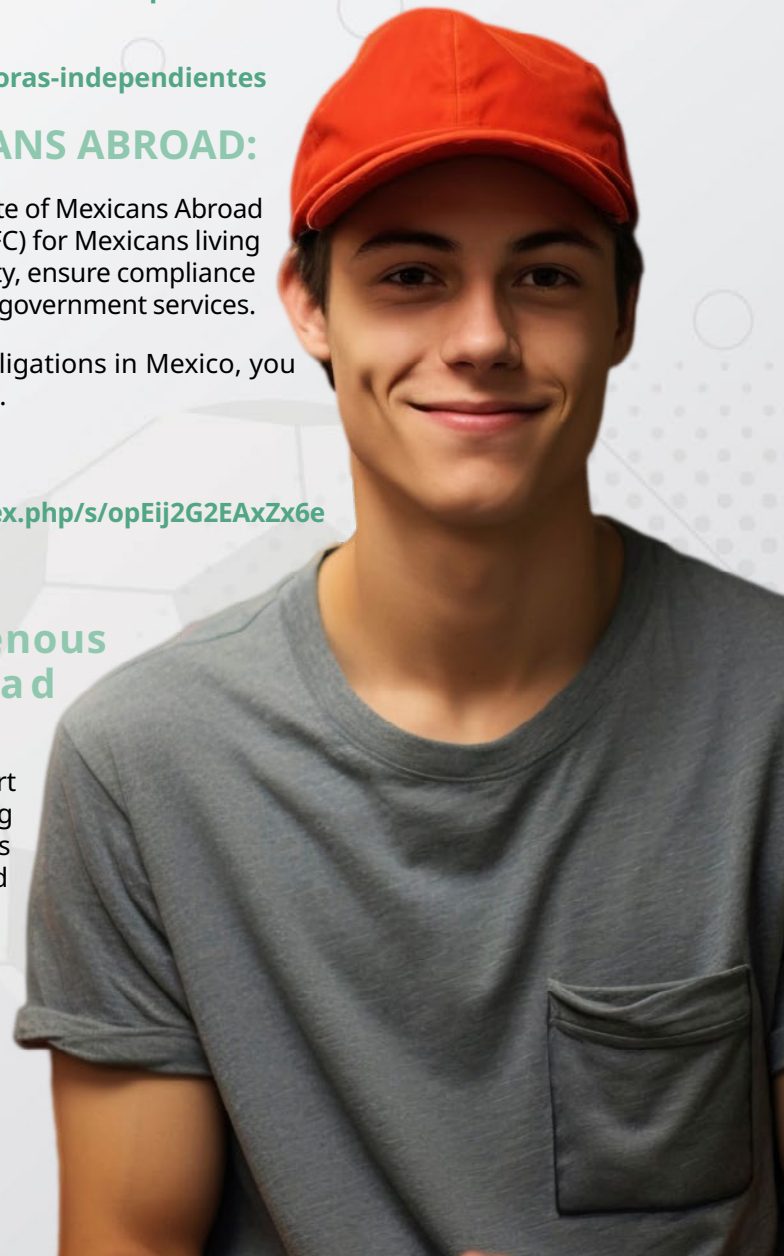
Learn more at:

Virtual Office: <https://nextcloud.sre.gob.mx/index.php/s/opEij2G2EAxZx6e>

SAT Appointments: <https://citas.sat.gob.mx/>

Window of Native and Indigenous Peoples of Mexico Abroad (VAIPOIME)

These are dedicated spaces for outreach and support for Indigenous and Afro-Mexican populations living outside of Mexico. They promote community services with a focus on preserving their roots, culture, and Indigenous languages.



The objectives of the windows are:

- **Inform and provide access** to community services, comprehensive care, and support for Mexican Indigenous, Original Peoples, and Afro-Mexican communities abroad.
- **Promote community services** in Indigenous languages.
- **Strengthen the culture, traditions, and Indigenous languages** of those living outside of Mexico.

Currently, there are 10 VAIPOIME locations operating in the Mexican consulates of: Albuquerque, Chicago, Fresno, Los Angeles, Miami, New Brunswick, New York, Orlando, Oxnard, and San Jose.

For more information visit:

<https://ime.gob.mx/vaipoime>

Civic Education Windows (CEW)

The Civic Education Windows (CEW) are institutional spaces operating within Mexico's representative offices in the United States. In coordination with non-profit partner organizations, they provide continuous information, guidance, and support to Mexican nationals abroad regarding civil and political rights.

These desks aim to strengthen civic and democratic culture, encourage informed participation in Mexico's electoral processes, and promote the exercise of rights and binational leadership within the Mexican community.

Currently, VEC locations are available at the Mexican consulates in: Dallas, Houston, Las Vegas, Phoenix, Orlando, Los Angeles, New York, Atlanta, Raleigh, Miami, Brownsville, Fresno, San Diego, and Nogales.

Unique Temporary Population Registry Fey for Foreigners

The Temporary Population Registration Code for Foreigners is a registration and identification instrument, which is issued for a period of up to 180 or 365 calendar days, as the case may be, to foreign persons who are in Mexico and who have proven that they have initiated the procedures to remain in the national territory.

This is provided that the condition of regular stay is determined by the corresponding immigration authority (National Migration Institute or the Mexican Commission for Refugee Assistance), in terms of immigration legislation and the applicable regulatory framework.



The IME promotes a wide variety of contests and events for the Mexican community living abroad, with the goal of strengthening their ties to Mexico and providing meaningful spaces for expression and recognition. Notable initiatives include:

- **Children's Drawing Contest:** Encourages the creativity of Mexican girls and boys living abroad.
- **Migrant Film Week:** Showcases migratory experiences through audiovisual art.
- **Literature Contest:** Invites participants to express their experiences, emotions, and cultural roots through writing.
- **Dreamers Forum:** A platform for dialogue, reflection, and leadership among young people of Mexican descent.

Those interested can participate and review the guidelines for each contest on the official IME website.

<https://ime.gob.mx/vinculacion/>

Protection to Mexicans Abroad

- The Secretariat of Foreign Affairs, through its representations abroad, can provide you assistance on topics such as: your rights and obligations abroad; information about lawyers; and other topics.
- If you are arrested, we assist you to exercise your rights and verify that the due process is observed.
- We provide you guidance on how to repatriate a family member that is sick or how to bring human remains or ashes to Mexico. You can consult the information at:

<https://www.gob.mx/sre/documentos/folletos-servicios-de-proteccion-consular>

- We provide support to locate a family member who is abroad. You can consult the information at
-

<https://www.gob.mx/sre/documentos/folletos-servicios-de-proteccion-consular>

- During an emergency situation abroad of Mexico, we provide you accurate information on how to act and which authorities approach.

We kindly invite you to review the following information:

- Dual nationality
- Prepare a family plan anticipating a possible return to Mexico
- What to do if your children stayed in the US under custody of Child Protection Services, a relative or a friend.

We remind you that the Mexican Consulates are not able to:

- Obtain the release of a detained person, or obtain preferential treatment by authorities.
- Pay fines, debts or hospital services.
- Regularize migratory situation of a Mexican person or process visas for third countries.
- Request the entrance into a country against the regulations of their migratory authorities.

- Obtain employment or act as guarantor to rent properties.
- Get accommodation or book hotels.
- Obtain, exchange or replace flight tickets.

Check the following websites to get additional information:

www.gob.mx/sre
www.gob.mx/ciam

Social Media

@SRE_mx
 @SREMX

Center for Information and Assistance to Mexicans (CIAM)

Dial (520) 623 7874 (From the USA/CANADA)

Dial 001-520-623-7874 (From Mexico)

You will receive personal attention in Spanish.



Relaciones Exteriores

Secretaría de Relaciones Exteriores

MAKE SURE YOU HAVE PERFORMED THE FOLLOWING PROCEDURES BEFORE ENTERING NATIONAL TERRITORY:



Don't be surprised!

You may only complete your process at the Banjercito Border Modules, at the Consular Offices, or in our official website.

<https://www.gob.mx/banjercito/articulos/sistema-de-importacion-temporal-de-vehiculos?idiom=es>

Banjercito does not issue vehicle permits through agencies, social media, by phone, or third parties outside of its official channels.

Who can carry out this procedure?

Mexicans residing abroad of legal age, presenting, an original and straightforward copy of any of the following documents:

- a. Residence card issued by the immigration authority abroad.
- b. Passport card.
- c. Mexican passport with residence stamp granted by a foreign government.
- d. "Employment Authorization Card".
- e. Work visa, when you have been working abroad for a year or more.

Foreigners of legal age, presenting an original and straightforward copy of any of the following documents::

- Valid ID (Passport or passport card for the US) and document issued by the National Institute of Migration that proves your stay status as:
 - a. Visitor.
 - b. Temporary resident

If the vehicle is under the name of your spouse, parents, children or siblings, (of legal age), you must prove your relationship with a birth or marriage certificate.

Documents needed to prove ownership of the vehicle, recreational vehicles and trailers:

1. Title deed.
2. Current plate registration.
3. Paid license plate renewal registration from a retail store (Wal-Mart, HEB, etc.), as long as the renewal notice sent to the applicant's home address is presented in the importer's name; or, if applicable, a legible photocopy of valid vehicle insurance issued abroad containing the importer's information.
4. Newly acquired vehicles that present a contract and/or temporary plates.
5. Credit contract valid for no more than three months from the date it was granted by the company or institution that is financing your purchase, which must be in the name of the importer and indicate the VIN.
6. Current lease agreement, including contracts with option to purchase, in the name of the interested party and indicating the NIV, similar, a letter from the lessor authorizing the temporary importation of the vehicle must be presented.
7. Title deed or registration in the company's name.

Additional documents for frequent cases:

In the case of vehicles owned by legal entities (corporations): A valid document proving the identity and employment relationship of the interested party is required (authorization letter on company letterhead, employee ID badge, or power of attorney).

When the title of ownership or license plate registration does not specify the vehicle's load capacity, or if it is greater than 7,716 lbs. / 3.5 Tons: A legible photocopy of the technical specifications label (located on the vehicle's doorframe) may be presented to demonstrate that the capacity does not exceed the limit.

If the title of ownership does not list the vehicle's current license plates: It is mandatory to present the valid license plate registration.

For post-dated license plate registrations: You must also present the vehicle registration renewal notice or a simple photocopy of the previous license plate registration.

In case of a discrepancy in the surnames of either the importer or the owner: Valid official photo identification showing the full name must be presented (Mexican passport, INE/voter ID, driver's license, etc.).

Validity of Vehicle Import or Temporary Internment Permit:

For Mexicans residing abroad, the permission is valid for 180 calendar days, with multiple entries and exits, within a period of 12 months starting from the date your permit is valid.

In the case of foreign nationals, this will depend on the immigration status authorized by the National Institute of Migration (INM) to remain in Mexican territory.

IMPORTANT NOTICE!

As of April 1, 2026, the validity of permits for boats and RVs (motorhomes) will be for up to 5 years.

- **There are three authorized channels to obtain the ITV permit:**

1. Online: <https://www.gob.mx/banjercito/articulos/sistema-de-importacion-temporal-de-vehiculos?idiom=es>

- Access the website and click the "Process your permit here" (Tramita aquí tu permiso) button.
- You may process your permit between 10 and 60 calendar days before the vehicle enters to Mexico.
- You must enter the personal data of the importer and/or owner, as well as the vehicle information, and attach the corresponding documentation (files must not exceed 2MB).
- **Permit Cost:** \$45 USD + Tax
- **Payment Method:** International credit or debit card (Visa or MasterCard) in the importer's name.

- **Pay the security deposit (bank card payments only).**
- **Delivery:** Banjercito will email the digital permit to the address provided within 10 calendar days.



2. Mexican Consulates in the United States of America:

- Appointment only via the following website: <https://www.banjercito.com.mx/citasconsulares/>
- Locations: Chicago, IL; Austin, Dallas, and Houston, TX; Los Angeles, San Bernardino, and Sacramento, CA; Albuquerque, NM; Denver, CO; and Phoenix, AZ.
- Original documents and simple photocopies are required.
- **Permit Cost:** \$51 USD + Tax.
- **Payment Method:** International credit or debit card (Visa or MasterCard) in the importer's name.
- **Pay the security deposit (bank card payments only).**
- **Delivery:** Immediately.
- **Advance Application:** You may apply for your permit up to 6 months before the vehicle enters the country.

3. Border modules: Located at the customs entry points into Mexico.

Directory and business hours at the following link:

- <https://www.gob.mx/banjercito/documentos/red-de-modulos-iitv>
- Present original documents and photocopies.

Permit Cost: \$51 USD + Tax.

- **Payment Method:** Cash (USD) or international credit/debit card (Visa or MasterCard) in the importer's name.

Security Deposit: Payable in cash (USD) or by card.

Delivery: Issued immediately upon completion of the process.

*The amount of the security deposit depends on the vehicle's year and it is refundable when the vehicle is returned before the maximum return date printed on the permit.

Vehicle model	Security deposit in US dollars
2007 and newer	400.00
2001 - 2006	300.00
2000 and older	200.00

By registering a partial return with Banjercito, you may make multiple entries and exits into Mexico, provided your permit remains valid.

- **Who can drive the vehicle?**

1. **Mexicans** as long as they are permanent residents abroad.

a. The permit holder, his/her wife, parents, children or siblings.

b. Foreigner with the status of immigration stay as a visitor, temporary resident or temporary resident student.

c. Any person other than those authorized must invariably travel on board the person who imported the vehicle.

2. **Foreigners**

a. The permit holder, as well as their spouse, parents, children, and siblings, regardless of whether they are foreign nationals.

b. Foreigner with immigration status as a visitor with or without permission to carry out paid activities.

c. Temporary resident or Temporary resident student. d. People who have Mexican nationality, provided that in the latter case any of the people authorized to drive the vehicle travels on board.

d. People who have Mexican nationality, provided that in the latter case any of the people authorized to drive the vehicle travels on board

Your temporary import permit may include one trailer and up to three recreational vehicles (RVs), provided you prove ownership by presenting a valid title or registration.

Recreational vehicles include the following:

- Recreational cars, motorcycles, tricycles, quad bikes or jet skis, which have not been conceived, intended or manufactured to circulate on general communication routes.
- A boat up to four and a half meters in length.
- **Validate the authenticity of your permit:**
 - Scan the QR code located on your permit.
 - Confirm that you have entered the official website: <https://www.banjercito.com.mx>
 - Enter the required information on the website to obtain the status of your permit.
- **Important Notice**

BANJERCITO will conduct the necessary inquiries to ensure that the vehicle has no restrictions preventing the issuance of a temporary import permit.

- **Return or cancellation of the permit**

The importer must present the original permit, the physical vehicle, and any recreational vehicles (RVs) and/or trailers declared on the permit at a Banjercito border module within the authorized period. This must be done to register and obtain the partial or final return receipt, which will allow for the refund of the security deposit.

We've upgraded!

A new platform for processing temporary import permits will soon go into effect: The Comprehensive System for Taxes, Services, and Border Fees (SIISDeF). This system will offer the following benefits:

- The importer must create a user account linked to their email and phone number, ensuring the account is entirely personal.
- You must enter and upload your documents; once the information has been reviewed, it will be available for use in your permit applications.
- Check your profile and permit status at any time.
- Your digital permit will be available for download in your profile throughout its entire validity period.
- The system offers a more streamlined process that can be completed entirely from home.

The platform will include a user guide, and further information will soon be posted on our social media channels.

Contact information for questions, clarifications, and Temporary Vehicle Import procedures

- permisovehiculos@banjercito.com.mx
- By telephone dialing 011-52-55-96-89-80-06. Mon to Fri from 8:00 to 16:00 hrs., Mexico City.

Scan the QR code to visit our official channel in YouTube [@BanjercitoSNC](#), where you will find informative videos related to the temporary vehicle import procedure.



- **Legalization (Regularization)**

If your vehicle is in Mexico without documentation proving its legal stay, or if your temporary import permit has expired, you may legalize it by importing it permanently. This requires paying the necessary taxes and complying with authorizations or permits issued by other authorities. This process must be done through a Customs Broker (Agente Aduanal) to obtain the permanent import declaration (pedimento).

- **Permanent Import or Legalization of Foreign Vehicles**

You must hire the services of a Customs Broker, who is the authorized person to handle import procedures before Customs.

In view of the above, please be advised that you may consult the requirements at the following link:

<https://anam.gob.mx/importaciones-definitivas-de-automoviles-usados/>

Remember that you must present a document certifying that your vehicle complies with the allowed levels of pollutant gas emissions.

It is important to note that the "Decree encouraging the legalization of used foreign vehicles" concluded on December 31, 2025. In that sense, those interested in importing used foreign vehicles must do so exclusively in accordance with the current legal framework specifically, the "Decree regulating the permanent import of used vehicles," published on November 4, 2024, and renewed on November 5, 2025. This includes complying with applicable physical, mechanical, and environmental requirements, as well as the payment of corresponding tariffs.

For any questions, send an email to:

dudas.autosusados@semarnat.gob.mx

ARE YOU RETURNING TO MEXICO PERMANENTLY?

IF YOU DECIDE TO RETURN TO MEXICO, YOU HAVE THE BENEFIT OF BRINGING YOUR HOUSEHOLD GOODS WITH YOU.

WHAT IS INCLUDED IN HOUSEHOLD GOODS?

1. Household furnishings and utensils that serve exclusively and properly for the ordinary use and daily life of a family, including clothes, books, and bookshelves.
2. Works of art or scientific works, provided they do not constitute complete collections for the setup of exhibitions or art galleries.
3. Scientific instruments for professionals, as well as tools for laborers and artisans, provided they are indispensable for the practice of a profession, art, or trade.
4. The scientific instruments and tools eligible for tax exemption may not constitute complete equipment for the installation of laboratories, medical offices, or workshops.

To do this, you will need:

Obtain a Household Goods List Certificate at the Mexican Consulate nearest to your home, which must include:

- The importer's full name.
- The address of your residence abroad.
- The location where you will establish your residence in Mexico.
- A description and quantity of the household goods.
- Documentation proving that your period of residence abroad is longer than six months.
- A copy of the previous import declaration (pedimento) for household goods, if applicable.

Go to the Customs office through which the importation will be carried out and prove your immigration status.

You can also consult this information at: <https://anam.gob.mx/menaje-de-casa/>



Cabo San Lucas, Baja California Sur

2.- AT YOUR ENTRY TO MEXICO



REMEMBER!

At your arrival to Mexico, you must report your entry to the immigration officers.

THE TAX FRANCHISE

It is the benefit you have for **NOT** paying taxes on merchandise you bring into the country.

- **500 dollars** regardless of whether the passenger enters the country **by land, air, or sea**.
- **150 dollars** to **residents of the border region** (on legal age) throughout the year.
- **500 dollars** for passengers coming from the border strip or border region, traveling to the interior of the country, during the editions of the **Heroínas y Héroes Paisanos Program**.

The tax franchises of the members of your family are accumulative if they all travel simultaneously and in the same means of transport.

THE TAX FRANCHISE DOES NOT INCLUDE:

- Alcoholic drinks.
- Carved tobacco.
- Automotive fuel (except that contained in the vehicle's fuel tank that meets the manufacturer's specifications).

What documents do I need to prove the value of the goods?

- Goods bill or invoice.
- Purchase ticket.
- Any other documentation establishing the commercial value of the goods.

What can be included in your personal baggage?

The following new or used goods are permitted for passengers on international trips (whether residing in Mexico or abroad), as well as for passengers traveling from the border strip or region to the rest of the country

1. Personal Use Goods, such as clothing, footwear, toiletries and beauty products, as long as they are consistent with the trip duration, including a bridal trousseau; baby items, such as chair, portable crib, stroller, walker, among others, including their accessories.
2. Two photographic or video recording cameras; photographic material; three portable cell phones or other wireless devices; a global positioning equipment (GPS); an electronic diary;

- two electronic tablets two portable computers equipment of the so-called laptop type, notebook, omnibook or similar; a portable copier or printer; a CD - burner and a portable projector, with its accessories.
3. Two personal sports equipment, four fishing rods, three sailboats or gliders, with or without sails and their accessories, as well as trophies or recognitions, provided they can be commonly and normally carried by the passenger.
 4. One portable device for recording or playing sound or music; two digital image and sound; recording or reproduction and a one portable DVD player; a set of portable speakers and their accessories.
 5. Five laser discs, ten DVD discs, thirty compact discs; three software packages and five storage devices for any electronic equipment.
 6. Books, magazines and printed documents.
 7. Five toys, including collectibles toys, and one video game console, as well as five video games.
 8. A device to measure blood pressure and one to measure glucose (or a combined device), along with their reagents, as well as medications for personal use. In the case of psychotropic substances, the corresponding medical prescription must be presented.
 9. Sails, flasks, trunks, suitcases, or any other items necessary for luggage transfer.
10. For passengers over 18 years of age, a maximum of 20 packs of cigarettes, 25 cigars or 200 grams of tobacco, up to 3 liters of alcoholic beverages and 6 liters of wine.
 11. One pair of binoculars and one telescope.
 12. Two musical instruments and their accessories.
 13. One tent and other camping items.
 14. For the elderly and persons with disabilities, items that, by their nature, replace or reduce limitations, such as walkers, wheelchairs, crutches, canes, among others.
 15. A set of hand tools including its case, which can include a drill, pliers, wrenches, sockets, screwdrivers, power cables, among others.

You can also check this information at:

<https://anam.gob.mx/equipaje-y-franquicia/>

Goods with tax payment

If the merchandise, excluding your luggage and your duty-free allowance, has a value not exceeding \$3,000.00 USD or \$4,000.00 USD (or its equivalent in national currency), when computer equipment is included, you must pay 19% of the total value.

Payment can be made at the Customs office of entry, through the form **"Payment of contributions to foreign trade (Spanish, English and French)"** or through the simplified electronic format "Payment of federal contributions", through the website www.anam.gob.mx/mupea/

Payment can also be made in cash, or by credit or debit card at any bank or at the branches of authorized credit institutions.

Likewise, it may be made in Point of Sale Terminals operated by customs personnel, with a credit or debit card, the personnel will deliver as proof of payment the bank receipt for the payment of federal taxes, generated by the terminals.

Payment can also be made through Internet, by electronic transfer of funds, through payment with a capture line, through the authorized credit institutions that are published on the website www.anam.gob.mx/mupea/

If you believe or know that you exceed the limit of your franchise

Access the **"Self-declaration"** area to pay the corresponding taxes. If you have doubts about the permits, authorizations or restrictions on the merchandise you are transporting, approach a Customs official, he will help you.

If you travel by bus:

The driver must go to the designated inspection point at the border, where you must descend with your belongings and luggage, as well as fill out the format: "Customs Declaration for Passengers Coming from Abroad", to present it to Customs personnel and press the traffic light button.

If you arrive by plane or ship:

You must fill out the "Customs Declaration for Passengers from Foreigners" form to present it to Customs personnel, with the exception of Terminal 1 and 2 of the Mexico City International Airport, Terminal 2, 3 and 4 of the Cancun International Airport. , San Luis Potosí International Airport "Ponciano Arriaga", Monterrey International Airport "Gral. Mariano Escobedo", Felipe Ángeles International Airport, Querétaro Intercontinental Airport and Tulum International Airport.



If you travel in your vehicle: Select the lane through which you will enter Mexico, according to the following signs: "Self-declaration" or "Nothing to declare".



Remember, the Customs personnel of the country do not receive payments in cash or electronic transfers.

At your entry to Mexico please check the following

Prohibited products

- Raw meat products of any species.
- Any type of fresh cheese.
- Snacks, sandwiches, etc., with dairy and/or meat content without whole packaging nor health authority stamp.
- Vegetables, fruit and fresh plants.
- Live and raw crustaceans.
- Any homemade or artisanal product.
- Others: Vessels or items containing materials of animal or unknown origin (including closed or sealed containers).
- Pharmaceutical, chemical, and biological products for animal use or consumption, or those intended for therapeutic or research purposes.
- Pork products and their derivatives originating from countries with the presence of African Swine Fever, such as: ham, sausages, bacon, pork rinds, candies containing pork, raw pork, dried pork (jerky), smoked pork chops, pre-cooked sausages, matured or cured hams and sausages, pasta with pork, BBQ ribs, pork meal, lard, instant soup with pork, bacon toothpaste, salami, mortadella, ham sandwiches, chorizo, etc.

What products and by-products of plant, animal, aquaculture and fishing origin can I introduce to the country?

Of vegetable origin:

- Dried or dehydrated vegetables and fruits, seedless.
- Shelled almonds.
- Shelled hazelnuts.
- Shelled walnuts without pests.
- Roasted coffee.
- Cereal pellets.
- Meals.
- Yerba mate.
- Dehydrated tobacco (Compliance with the Ministry does not exempt fulfillment of requirements from other authorities).
- Whole, crushed, or powdered spices.
- Flours made from cereals, oilseeds, and legumes.
- Medicinal herbs (dried only).
- Products that have undergone processes such as salting, frying, pickling, cooking, or preservation in syrup are permitted (e.g., Kimchi, chimichurri, canned fruits, etc.).

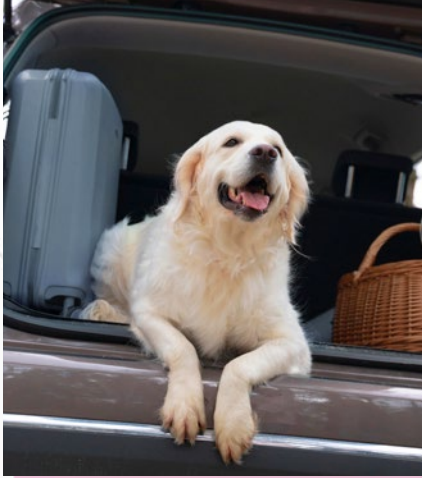
Of aquaculture and fisheries origin:

- Fish paté with labeling.
- Squid, octopus, snails, and sea cucumbers in any presentation.
- All cooked crustaceans, properly packaged and preserved.
- Fishing baits (frozen fish).

Of animal origin:

- Dairy products, meat, sausages, honey, and animal-based products (including balanced food and sweets).

These must be presented labeled, with intact packaging, and, where applicable, must originate from authorized plants (to be verified by the Ministry in accordance with the Authorized Plants Consultation Information System - SICPA, available at:



<https://sistemasssl.senasica.gob.mx/PlantaAcreditada/> .

In such cases, the goods must be specified within the process authorized for that plant. All pork products from countries with the presence of African Swine Fever (ASF) are prohibited for importation, even if the plant's registration in SICPA remains valid.

They must come from countries that meet the requirements outlined in the **Consultation Module on Animal Health Requirements for Imports**.

Verify that the animal species from which the goods are manufactured is included in the Zoosanitary Requirements Sheet.

The lists described above including some products but are not limited to another, so you must consult the complete list and its specifications in: <https://www.gob.mx/senasica/documentos/anexo-01-listado-de-productos-y-subproductos-agroalimentarios-para-su-importacion-turistica-284987?state=published>

Can I travel to Mexico with my pet?

You can introduce without paying taxes to the SAT up to 3 pets or companion animals such as cats, dogs, canaries, hamsters, guinea pigs, Australian parakeets, nymphs parakeets, ferrets, parakeets, turtles, and small size wild birds (except birds of prey). For further information click on the link:

<https://anam.gob.mx/equipaje-y-franquicia/>

SENASICA only considers cats and dogs as pets. Only these two species are exempt of duties payment for the expedition of the Import Animal Health Certificate.

To enter to Mexico with dogs and cats you must:

- Show in original and copy, a Health Certificate issued by a private Veterinarian or one expelled by the health authority of the proceeding country, it has to indicate the address in the proceeding country and the one in the Mexico's destination, within 15 days of issuance.
- Present documentation that supports current appliance of rabies vaccination (pets with 3 months of age or older) and pet's treatment against internal and external parasites in a period no more than 6 months.

These requirements do not apply to pets from Canada, USA or Mexico origin. If the pets originate, from USA or Canada. SENASICA personnel will conduct a physical examination to check for the presence of ectoparasites, signs of infectious or contagious diseases, and fresh or healing wounds.

For further information on these requirements, click on the link below:

<https://www.gob.mx/senasica/documentos/si-viajas-con-tu-mascota-194177?state=published>

If you require a quicker entry procedure for your pet, we invite you to know and use the Regular Traveler Pet Program. For further information check the following link:

<https://www.gob.mx/senasica/documentos/programa-mascota-viajero-frecuente?state=published>.

If you are traveling with other species of companion animals you must check the following link <https://sistemasssl.senasica.gob.mx/mcrz/moduloConsulta.jsf>, accomplish the indicated requirements and pay for the Import Animal Health Certificate established in the current Federal Rights Law. The payment can be done through the e5CINCO form available in: <https://sistemasssl.senasica.gob.mx/hojaAyuda/eCinco.jsp>.

If the animal health requirements of the animal species you want to bring to Mexico are not available in the Consulting Module of Animal Health Requirements, you must do the **SENASICA-01-011** procedure "Application of the animal health requirements worksheet for the import of merchandises that were not taking into account in the consulting module of animal health requirements", so you must log on <https://catalogonacional.gob.mx/FichaTramite?traHomoclave=SENASICA-01-011>. If you have any question or comment about an animal health requirement combination, please send your inquiry to the email: reqzoosan.dgsa@senasica.gob.mx and janet.chavez@senasica.gob.mx.

In any case of aquatic animals, you can call in working time and days to the phone number 55 5905 1000 ext. 51046, 53225 and 53227 or send an email to the address reqacuicola@senasica.gob.mx.

We recommend not to travel with your pet if you don't have the documents that accomplish the animal health requirements for its entry to Mexico.

Wildlife permits

All specimens, or wildlife products require a certificate from the Convention on International Trade in Endangered Species of Wild Fauna and Flora (CITES) or an authorization from the General Directorate of Wildlife (DGVs) of the Ministry of the Environment and Natural Resources (SEMARNAT) to be imported into our country or exported to another country from Mexico.

For more information visit: www.cites.org and <http://www.gob.mx/semarnat/documentos/tramite-semarnat-08-009>

Stop. Say no to specimens and products made with species of marine mammals, primates, sea turtles, ivory, Mexican parrots, among others.

Caution. With corals, orchids, cacti, shells, leather goods, aquarium fish, marine products and traditional medicine products.

Check. That wildlife products come from sustainable sources.

If you buy wooden objects, make sure that they are painted, lacquered, oiled, or varnished with some finishing coating and without bark, this reduces the possibility of bringing pests that do not exist in Mexico, fungi and other diseases. A **PROFEPA** inspector must perform a checkup at your entry to Mexico.



In the case of wildlife animals, they must also present the Verification Registry issued by the Federal Attorney for Environmental Protection (PROFEPA), which verifies compliance with non-tariff restrictions. To carry out this procedure, the documentation issued in the country of origin or in Mexico must be presented.

Substances that deplete the ozone layer (pollutants)

Do not contribute to the import and export of substances that harm human health, the ozone layer and the environment! Consume aerosol products and refrigerant gases with the legend: "This substance does not harm the ozone layer."

If you illegally store, traffic, import, export, transport or abandon merchandise or substances that damage the ozone layer, you can be sanctioned with a fine and imprisonment.

Hazardous materials, substances and waste

Introducing to the country any of the following hazardous waste without authorization from SEMARNAT is prohibited:

- All electronic waste such as useless cell phones, computers and household appliances, that cannot be reused for the purpose for which they were manufactured.
- Empty containers that contained hazardous materials, chemical substances or residuals.
- Used automotive batteries, additional to those used by your car for its operation.
- Entering the country and disposing of these products or their parts or their waste in inappropriate places can cause damage to the environment and public health.

To enter Mexico with money

If when entering or leaving Mexico you carry amounts in cash, in national or foreign checks, payment orders or any other document receivable or a combination of them, whose value is equivalent to more than **ten thousand US dollars**, you are required to declare before the customs authorities.



If the undeclared amounts are greater than ten thousand dollars of the United States of America, but **less than thirty thousand dollars of the United States of America**, the person who carries, transports, imports or exports them and fails to declare, the minutes will be drawn up and the tax credit derived from the fine for omission of the declaration will be determined.

It is prohibited to introduce and extract from Mexico:

Clandestinely introduce weapons, ammunition, cartridges, explosives or materials for the exclusive use of the Army, Navy and Air Force.	A penalty of 7 to 30 years in prison and a fine of 20 to 500 days will be imposed. Article 84 of the Federal Law on Firearms and Explosives.
Clandestinely introduce reserved weapons for the exclusive use of the Army, Navy and Air Force.	A sentence of 6 to 10 years in prison will be imposed. Article 84 Bis of the Federal Law on Firearms and Explosives.
Illicit manufacturing or exporting of weapons, ammunition, cartridges, and explosives.	A penalty of 7 to 15 years in prison and a fine of 100 to 500 days will be imposed. Article 85 Bis, section. I of the Federal Law on Firearms and Explosives.
Pretending to export or export an archaeological, artistic or historical monument, without permission from the competent Institute.	A penalty of 5 to 12 years in prison and a fine of 3,000 to 5,000 days will be imposed. Article 53 of the Federal Law on Monuments and Archaeological, Artistic and Historical Zones.
Produce, transport, traffic, trade, supply, prescribe, introduce or extract narcotics from the country without the corresponding permit issued by the Ministry of Health.	A penalty of 10 to 25 years in prison and a fine of 100 to 500 days will be imposed. Article 194, section. I and II of the Federal Penal Code.

Introduce or traffic forest resources, living or dead wild flora or fauna, their products or derivatives; who carry, suffer or have suffered, as appropriate, any contagious disease, which causes or may cause its dissemination or propagation or contagion to flora, fauna, forest resources or ecosystems.

Carry out any activity for the purpose of trafficking, or capture, possess, transport, collect, introduce into the country or extract from it, any specimen, its products or by-products and other genetic resources, of a species of wild, terrestrial or aquatic flora or fauna in closed, considered endemic, threatened, in danger of extinction, subject to special protection, or regulated by any international treaty to which Mexico is a party.

Introduce into the country or extract from it, trade, transport, store or release into the environment, any genetically modified organism that alters or may negatively alter the components, structure or functioning of natural ecosystems.

A penalty of 1 to 9 years in prison and a fine of 300 to 3,000 days will be imposed.

Articles 417, 420, section. IV and 420 Ter. of the Federal Penal Code.

Introduce or remove merchandise, omitting the total or partial payment of the contributions or compensatory quotas that must be covered, or without the permission of the competent authority, when this requirement is necessary.

A sentence of 3 months to 9 years in prison will be imposed.

Articles 102 and 104 of the Federal Tax Code

Introduce, remove or transfer ownership of cultural assets in violation of the legal provisions adopted in their country of origin.

A penalty of 3 to 12 years in prison, 2,000 to 4,000 days of fines, and seizure of assets will be imposed.

Article 53 Bis. of the Federal Law on Monuments and Archaeological, Artistic and Historical Zones.

The resident abroad who for the first time introduces a single weapon not reserved for the use of the Army, Navy and Air Force, will only be imposed an administrative sanction of two hundred days of fine and the weapon will be collected after issuing the corresponding receipt. When the person from whom the weapon has been collected leaves the country, the weapon will be returned after delivery of the corresponding receipt.

A day of fine is equivalent to the daily net income of the sentenced person at the time of committing the crime, taking into account all his income.



FGR
FISCALÍA GENERAL
DE LA REPÚBLICA



Chichén Itzá, Mérida

3.- DURING YOUR TRAVEL IN MEXICO:

Meet the National Guard.

"The National Guard is the Institution par excellence to guarantee Public Safety".

The National Guard is a permanent, professional public security force composed of military personnel with police training, dependent on the Ministry of Defense. It may also rely on Army, Air Force, and trusted civilian personnel as necessary. It also temporarily collaborates in public security tasks that correspond to the states or municipalities. It will be assigned to the Ministry of National Defense as of October 1, 2024. With these changes, the National Guard Law was issued on July 16, 2025.

It has permanent operational deployment throughout the country and has various facilities to handle the prevention, investigation, arrest, and presentation of offenders before the Federal or Local Public Prosecutor's Office.

The mission of the National Guard is to carry out, in collaboration with the states and municipalities, public security functions through crime prevention, combating crime, and supporting the population. Its objective is to safeguard the life, integrity, security, property, and rights of the people, as well as to protect the nation's assets and resources, in order to contribute to the creation and preservation of freedoms, public order, and social peace.

Recognized nationally and internationally for its service to society, efficient management, discipline, and its observance of human rights, gender equality, and the principles of the use of force; comprised of men and women unwavering in their law enforcement duties, projecting a unique identity based on values and virtues that bring them closer to the population through mutual respect and trust; to contribute to the consolidation of public safety and the integral development of the Mexican people.



We invite you to discover the meaning behind the elements of the National Guard crest.



Structure

The National Guard Command consists of a General Headquarters for Police Coordination, two Coordinations (Administration and Finance, and 8 Territorial Coordinations), the Internal Control Office, and four Units (Human Rights Protection; Discipline and Professional Development; Internal Affairs; and Legal Affairs and Transparency). As of April 16, 2026, the Highways and Facilities Directorate has been renamed the Coordination for Highway Security and Federal Airports.

Commanding Officer.

The current Commander of the National Guard is Division General of the General Staff Guillermo Briseño Lobera. A graduate of the Heroic Military College, his professional background includes a Master's Degree in Military Administration for National Security and Defense, among other qualifications.

Territorial deployment

A territorial deployment will be maintained in the 32 federal entities with 266 regions into which the country is divided. National Guard detachments will be assigned to the latter for the prevention, investigation, detention, and presentation of detainees to the Public Prosecutor's Office, as well as the provision of evidence required by law. The number of officers, specialized personnel, and investigative and intelligence resources will be assigned based on the population and taking into account crime incidence and projections.

National Guard Uniforms

National Guard uniforms, badges, and equipment are important elements of the institutional image presented to society. Our official colors are gray, white, gold, and orange. Notable are the Social Proximity uniforms and Field uniforms, used by both men and women in the ranks of Commissioners, Inspectors, Officers, and Basic Scale, whether in operational or administrative functions.



Social Proximity suit

In dark and gray color, with identifiers on the black and the acronym GN of the National Guard.

Field suit

In gray and black, camouflaged.



The members of the National Guard receive comprehensive training, from initial training to ongoing professionalization. They take key subjects such as Approved Police Report, gender perspective, human development, criminal justice system, culture of legality, human rights, protocol for the use of force, analysis and investigation, leadership, preparation of administrative sanctions, among others. This training prepares them for the development of their tasks of prevention, surveillance and combating crime, the purpose of which is to safeguard the life and integrity of people, their security, property and rights, throughout the national territory.

National Guard Highway Patrol Vehicles

Radio Patrol Cars (CRP)



Charger



Pick up



Interceptor

National Guard- Roads

The first encounter that Mexican nationals typically have with the National Guard is with personnel assigned to patrol federal highways and international airports. Under the command of 32 State Coordinations and organized into 33 Security Coordinations for Communication Routes, these officers perform functions such as inspection, security, verification, surveillance, and crime prevention. Within their jurisdiction, they also combat criminal activity across 50,377.75 kilometers of federal territory, which includes 50,004.17 kilometers of highways and 373.58 kilometers of roads within international airports, divided into 1,597 sections. Their primary objective is focused on two pillars: accident prevention and addressing criminal incidents.

National Guard Highway Patrol personnel, in the exercise of their duties regarding inspection, safety, verification, surveillance, and crime prevention, carry out preventive and security operations on federal highways through two main approaches: accident prevention and public safety.

To prevent accidents, 'Carousel,' 'Radar,' and 'Seatbelt' operations are implemented.

Regarding security, they carry out operations such as seatbelt, helmet (motorcyclist), security

for cargo, passenger and tourist transport, anti-assault, 30D, and 30M.

In addition, they offer support to citizens in case of minor incidents through the Caballero del Camino operation.



For more information, please visit our website at <https://www.gob.mx/guardianacional> or follow us on X at @GN_MEXICO.

Where you can find campaigns and documents of interest to the National Guard, such as:

- On Guard Against Corruption
- 088: Report Online to the National Guard
- National Guard Code of Conduct.
- Citizens Alerting Internal and External Corruption.
- "Ponte en Guardia" (Stay on Guard) Campaign. ...and more.

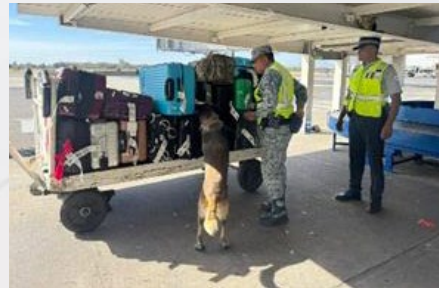




<https://www.gob.mx/guardianacional/prensa/guardia-nacional-realiza-campana-nacional-de-ciberseguridad-2026-internet-seguro-para-todas-y-todos?idiom=es>

National Guard – Airports

- The National Guard maintains a presence at a total of 58 airports, including:
- Felipe Ángeles International Airport (AIFA, State of Mexico)
- Tijuana International Airport (General Abelardo L. Rodríguez, Baja California)
- Los Cabos International Airport (Baja California Sur)
- Guadalajara International Airport (Miguel Hidalgo y Costilla, Jalisco)
- Cancún International Airport (Quintana Roo)
- Monterrey International Airport (General Mariano Escobedo, Nuevo León)



During your transit on Mexican roads, the National Guard recommends you:

1. Download the "GN Carreteras" and "GN Reporta" apps from the Google Play Store and Apple store.

The "GN Carreteras" application:

This channel strengthens the bond between the public and the National Guard, serving as a platform where we regularly receive commendations and gratitude for the assistance provided to citizens on federal highways. This support includes help with mechanical failures, medical emergencies, and security incidents, among others. Furthermore, it provides users with official,

verified, and real-time information regarding incidents affecting traffic flow on federal highways and potential alternate routes, as well as:

- Register vehicles before the trip for quick reference and location in case of theft or accident.
- Locate rest areas and medical services (hospitals).
- You can report accidents (vehicle theft or other).
- View or record incidents, traffic incidents, thefts, blockages, natural disasters, demonstrations, sections under repair, and toll booth takeovers



The "GN Reporta" application:

Link the citizens with the National Guard.

- It connects the public with the National Guard and allows you to: • Report the commission of potential criminal acts (such as vehicle or fuel theft, kidnapping, extortion, or any federal offense); File a complaint, request information, or submit a suggestion—providing an email address and phone number for follow-up (please refer to the privacy notice); Report road blockades, protests, and other incidents affecting travel.



Follow our official social media accounts. Together for a country of **#JusticeAndPeace**.

Download the "X" app and follow the accounts **@GN_Carreteras**, and **@CNAC_GN**

- **@GN_Carreteras** provides information about traffic conditions on federal roads.



- At **@CNAC_GN**, the National Citizen Attention center is the contact instance direct from the National Guard of Mexico with society. Is in charge of receiving, registering and follow up on reports, complaints, services and congratulations in security matters.

Facebook: GUARDIA_NACIONAL.MX

Instagram @gn_mexico_

2. Include on your phone the emergency number:

- *088 where reports are received, complaints for possible crimes or administrative offenses. Your call will be attended by specialized personnel, ensuring you receive the necessary guidance. **"I am a National Guard, I am incorruptible"**



Citizens Attention Emails: cnac@hn.gob.mx, guardia.nacional@gn.gob.mx, and dgint@gn.gob.mx.

Includes the 911 number, in it all emergency care numbers are approved: medical, security and civil protection at the federal, states and municipal levels, when you make a call, it is directed to the emergency call attention center closest to your location in the federal entity where you are located

3. Do not drive if you show signs of fatigue (such as sleepiness or physical exhaustion), it reduces your ability to react and puts both your safety and the safety of others at risk.



4. Always stay alert during your trip, remember that overconfidence while driving can lead to certain actions generating a risk factor to suffer a traffic accident.
5. Do not eat food in abundance before or during the trip, to avoid drowsiness.
6. Plan your trip, know the roads on which you are going to travel (origin/destination).
7. Check the physical and mechanical condition of your car (brake fluid, oil level, antifreeze, tire air pressure, spare tire in good condition, and ensure that the front and rear lights are functioning, etc.). When boarding your car, wear your seat belt and verify that your Companions carry out the same safety measure.
8. When getting into your car, fasten your seat belt and ensure that your passengers do the same. If there are children under 1.35 meters in height, make sure to use an appropriate child restraint system. Handle with courtesy, yield to pedestrians and other vehicles.
9. Avoid placing objects in the back of the vehicle that obstruct the view through the rearview mirror. Observe and respect the traffic signs.
10. While driving, avoid distractors, do not use your cell phone, or other electronic communication devices. Driving in daylight, in addition to generating greater perception of safety, also generates the possibility of successfully tending any eventuality during the trip (failures, medical emergencies, traffic events, etc.)
11. Handle with courtesy, yield to pedestrians and other vehicles. Do not drive under the

- influence of alcoholic beverages and/or narcotics that put you at risk.
12. Maintain a safe distance from the vehicle in front, ensuring you can stop in time. Consider factors such as speed, road conditions, weather, and the condition of your vehicle.
 13. On a two-lane road in the same direction, the left lane is only used for overtaking (passing).
 14. Observe and respect the traffic signs.
 15. Plan the places where you will make your stops for food and fuel supply.
 16. Driving in daylight, in addition to generating greater perception of safety, also generates the possibility of successfully tending any eventuality during the trip (failures, medical emergencies, traffic events, etc.)
 17. Even during the day, remember that driving with your lights on makes you more visible to other drivers, thus preventing accidents.
 18. Do not drive under the influence of alcoholic beverages and/or narcotics that put you at risk.
 19. If you are a victim or witness of a crime, do not allow it to go unpunished, report it to the corresponding ministerial authority.
 20. Respect the speed limits, paying attention to road signs. In their absence, never exceed 100 km/h on federal highways and 50 km/h in urban areas.
 21. Use your turn signals in a timely manner to allow other drivers to anticipate your movements.
 22. When driving, avoid holding, carrying, or placing people or animals on your arms or legs.

To ensure your trip is more peaceful, it is recommended that you familiarize yourself with the regulations governing traffic for vehicles, drivers, passengers, and pedestrians on federal highways and bridges, as established in the Traffic Regulations on Federal Highways and Bridges, including:

Traffic control devices: Articles 6 to 10.
Speed limits: Article 134.

1. 80 km/h for trucks (49.7 mph).
2. 95 km/h for buses (59 mph).
3. 110 km/h for all other vehicles (68.3 mph)

In areas without signs, the speed limit is 50 km/h (31 mph), for cars in urban areas, 110 km/h (68.3 mph) during the day on highways, and 90 km/h (55.9 mph) at night.

For drivers exceeding the speed limits – Article 136.

For more information, you can download the Highway Traffic Regulations for Highways and Bridges under Federal Jurisdiction at:

<https://www.diputados.gob.mx/LeyesBiblio/regla/n354.pdf>

Important

During your stay in Mexico, you are susceptible to an administrative sanction (infraction federal), these are the steps you must follow to pay:

1. You must generate the capture line, entering the link:

<http://sas.cns.gob.mx/LinCap/LineaCap.asp>

2. You must enter the ticket number of the fine. (Top right).

- Once you obtain your capture line, verify that the data is correct and pay the entry into any BBVA Bancomer bank branch.

Directory/contact telephone numbers) of the 33 Company Coordinations/Section of Security to Communication Routes. Switch 551 103 6000

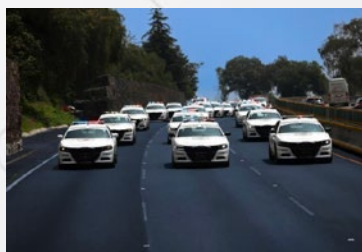
Coordination	Extension
Aguascalientes	30108
Baja California	30316
Baja California Sur	30807
Campeche	31121
Chiapas	31516
Chihuahua	32318
Ciudad Mexico	33916
Coahuila	32824
Colima	33205
Durango	33516
Eastern Zone	34036
Edo. México Toluca	33805
Guanajuato	34817/34819
Guerrero	35307
Hidalgo	36403
Jalisco	36818



Coordination	Extension
Michoacán	37826
Morelos	38331
Nayarit	44829/44816
Nuevo León	39336
Oaxaca	39610
Puebla	40325
Querétaro	41126/41102
Quintana Roo	41403/41400
San Luis Potosi	41617
Sinaloa	42100
Sonora	42717
Tabasco	43518
Tamaulipas	43801
Tlaxcala	45006
Veracruz	45274/45260
Yucatán	46409
Zacatecas	46702

*Eastern Zone (San Agustín, Cuautitlán Izcalli, Texcoco, San Martín de las Pirámides, Chalco).

*Edo Mexico Toluca (Toluca, Atlacamulco , Zinacantepec, Valle de Bravo, Tejupilco).



HEALTH SERVICES

Recommendations for a Safe and Healthy Trip

Prepare your Travel to Mexico

Go for medical attention to identify the risk that you or someone in your family may be sick, especially if you have fever, cough, continuous headache, sore throat, muscle pain, chills, red eyes, or skin lesions.

Make sure you and your companions are up to date with your vaccinations. If you have a vaccination card or proof of immunization, try to keep them handy; it is also helpful to take photos of them and save them on your mobile phone.

Review the recommendations of the Mexican and United States governments to ensure a safe and healthy journey. You can find information specific to Mexico at the following link: <https://www.gob.mx/salud>

If you are living with any medical condition or undergoing treatment, always carry the printed prescription and a photo of it on your cell phone, along with the necessary medications for your care and those of any family members accompanying you.

Healthy recommendations for your road trip:

- Wear comfortable clothing, a hat, or a cap, and avoid prolonged exposure to direct sunlight.
- If you need to stay inside a parked vehicle, minimize the time spent, park in the shade, and ensure proper ventilation.
- Stay hydrated during your journey, especially children and older adults. Preferably consume potable water.
- Carry packets of oral rehydration solution. If children or older adults experience symptoms like dry mouth, headache, drowsiness, or irritability, prepare and administer it according to the instructions on the packet. Envelopes are distributed free of charge at any IMSS, IMSS Bienestar, ISSSTE health clinic, or units of the Ministry of Health.
- Take along food that does not need refrigeration; before eating it, check that it is in good conditions and within the consumption date. Do not eat expired or spoiled food.
- Before your trip, make sure to get 6-8 hours of sleep.
- Avoid using drugs or alcohol while driving.

Recommendations for Maintaining Good Health During Your Stay:

- Consult the recommendations for safe vacations.
- Wash your hands frequently with soap and water or use alcohol-based hand sanitizer before and after touching common objects and surfaces.
- In case you or any of your companions suffer any injury or accident, go to the nearest health unit for attention. **In case of emergencies, dial 911.**
- If you are stung or bitten by a poisonous animal, do not self-medicate and go immediately to the nearest health center. To avoid snakebites or stings from poisonous animals, avoid moving rocks, logs, or brush with your hands.

- If you or a family member has fever, weakness, body aches, severe headache, joint pain, pain behind the eyes, vomiting, diarrhea, drowsiness, difficulty breathing, convulsions or loss of consciousness, go to the nearest Health Unit.
- If you have a cough or the flu, keep yourself isolated.
- Try not to shake hands or kiss for saluting. Cover your mouth with the crook of your elbow when sneezing, and use facemask in closed and open spaces.
- In case of any illness, do not self-medicate and go to the nearest Health Unit to receive care. In Mexico, health is a right. If you do not have social security, it must be guaranteed by the nearest Health Unit to your location.
- In the event of a life-threatening emergency, all hospitals under the Ministry of Health, IMSS Welfare, IMSS, or ISSSTE are obligated to provide you with medical care.- Avoid drafts and abrupt temperature changes, especially in children under five years of age and older adults.

Protect your health during the hot season by following these tips:

- Avoid direct sunlight between 11:00 AM and 4:00 PM.
- Wear loose-fitting, light-colored, long-sleeved clothing.
- Stay in the shade or in cool, well-ventilated areas.
- Limit intense physical activity in sun-exposed areas.
- Use sunscreen and wear a hat, cap, or use a parasol for extra protection.
- Never leave people or pets inside parked vehicles, even for a short time.

Food Handling

- Avoid consuming food from street vendors.
- Wash your hands with soap and water before eating, after using the bathroom, and before preparing food.
- Properly disinfect food and keep it refrigerated.
- Drink safe water, either boiled or disinfected with 2 drops of chlorine per liter.
- Consume well-cooked foods and avoid raw meat and seafood.
- Exclusively breastfeed children under 6 months of age to help strengthen their defenses and reduce the likelihood of illness.
- Provide fresh, varied, and locally sourced food to ensure a complete and healthy diet.

To avoid being infected with COVID-19, follow these recommendations:

Whether you have the vaccine or not, you should continue to protect yourself and follow the next recommendations:

- Use a facemask while you are in public places, remember that it should cover nose to chin. Wash your hands before putting it on and after taking it off.
- Wash your hands with soap and water or alcohol gel frequently and after touching objects and surfaces of continuous and common use.
- Do not shake hands, hug or kiss for saluting, and keep a healthy distance (at least 1.5 meters)

from other people.

- Do not share food or drink from the same container, even if they belong to your relatives.
- Try not to be in closed spaces, and if so, make sure they are well ventilated.
- Avoid going to meetings and crowded places, in case of attending, use a facemask and keep a healthy distance.
- If you use public transportation, you should correctly use the facemask and rub your hands with alcohol gel after touching common surfaces.
- For more information, please visit the web page coronavirus.gob.mx

Preventing Acute Diarrheal Diseases in Children Under 5:

- Maintain strict personal and household hygiene, especially frequent handwashing.
- Ensure children consume only safe, potable (drinking) water.
- Keep vaccinations up to date according to the child's age.
- Practice exclusive breastfeeding for infants under 6 months to strengthen their immune systems and reduce the risk of illness.
- Provide a healthy, complete diet consisting of fresh, varied, and locally sourced foods.

Preventing Dehydration:

- Drink plenty of fluids, preferably water without added sugars. (Choose plain water and avoid drinks with high sugar content.)
- Visit a healthcare facility immediately if diarrhea or other symptoms of illness occur.
- Combat diarrhea and dehydration with Oral Rehydration Salts (ORS)—it is the most effective solution!
- Keep ORS packets at home to prepare and give to children at the first sign of diarrhea.
- If diarrhea occurs: Do not stop feeding, increase fluid intake (especially ORS), and seek medical advice at a health clinic.

Early Warning Signs of Dehydration: If your child has diarrhea and shows any of the following signs, seek medical attention immediately:

- Appears to be getting sicker or is unusually lethargic.
- Intense thirst or, conversely, refusal to drink or eat.
- Frequent vomiting (more than three times in one hour).
- High fever that is difficult to control.
- Frequent diarrhea (more than three bowel movements in one hour).
- Crying without tears or having a very dry mouth.
- Blood in the stool (evacuations).
- Sunken eyes or a sunken "soft spot" on the head (in infants).

Recommendations for the Summer Rainy Season

- Check weather forecasts and be prepared for sudden changes.
- These can lead to respiratory illnesses such as bronchitis, viral pneumonia, or allergic rhinitis.
- Avoid traveling through flooded zones, as moving water can sweep away even heavy vehicles.
- Submerged electrical wires may be present, posing a risk of electrocution.
- Avoid crossing rivers, streams, fords, and low-lying areas, as you could be swept away by the current.
- Do not cross bridges if water is flowing over them.
- If you are near ravines or steep slopes, stay away from the riverbed, as the water may carry rocks, mud, logs, and other debris.
- Report any blocked drains and help keep them clear of obstructions.
- Use sandbags to prevent water from entering your home.
- Remove or secure outdoor objects that could be swept away by water.
- In the event of a flood, turn off the electricity and evacuate any areas prone to flooding.

Pregnancy

- Proper care during pregnancy is essential, and sometimes extra precautions are needed when traveling. Therefore, before traveling, be sure to schedule a check-up with your doctor.
- Wear comfortable clothing and shoes, and avoid anything that puts pressure on your waist and legs (such as tight belts or garters).
- Stay hydrated and maintain a healthy diet.
- In the event of an emergency during pregnancy, childbirth, or postpartum, hospitals under the Ministry of Health, IMSS Welfare, IMSS, or ISSSTE are obligated to provide care for all women.

If these warning signs or symptoms occur, go immediately to the Health Unit:

- Headache.
- Blurred vision or seeing small lights, along with ringing in the ears.
- Swelling of the face, hands, or feet.
- Blood or fluid leaking from the vagina.
- Decreased baby movements.

Accident Prevention

- When crossing streets and avenues, always look both ways before crossing.
- Use pedestrian bridges and obey traffic light signals.
- Whenever possible, inform your family and friends of your destination, your plans, and how you will get there.
- If you or your companions are injured, seek help from others, police vehicles, *or patrol cars.*

Alternatively, call the emergency number (911) or go directly to the nearest health unit.

- Wear your seat belt.
- Do not use your cell phone while driving.

Chronic Disease Care and Medical Treatment

It is important that you and your companions continue your medical treatment during your stay in Mexico. To do so, you should:

- Carry the medications recommended by your doctor.
- Keep the medical prescription or a copy of it with you.
- Take medications as prescribed.
- Bring an adequate supply of medications for the duration of your stay.
- Visit a doctor or Health Unit if you experience any discomfort.

Dengue and Other Vector-Borne Diseases

Dengue, malaria, Zika, and other diseases are transmitted by mosquito bites.

- Find out if these diseases are present in your destination.
- Wear long sleeves and use mosquito repellent.
- Use mosquito nets in rural areas.
- Clean your home and yard to eliminate mosquito breeding sites such as used tires, vases, buckets, etc.
- If you are bitten by mosquitoes and develop a fever, body aches, headache, or pain behind the eyes, seek medical attention immediately at a doctor's office or Health Unit. ¡Do not self-medicate!

Measles

Measles is a viral disease that is easily transmitted through droplets of saliva from an infected person's cough or sneeze. Vaccination is the main prevention tool. Thanks to vaccines, many people are protected and outbreaks can be quickly controlled.

Who should get vaccinated?

- Girls and boys from 6 months to 9 years old.
- Adolescents and adults aged 10 to 49 who do not have complete vaccination schedules.

The most common signs of measles include:

- Fever
- Nasal congestion
- Red or irritated eyes
- Small spots inside the mouth
- Skin rash that starts on the face and spreads to the body

Mental Health

During travel, stress, fatigue, and changes in routine can impact your emotional and mental well-being. Factors such as long journeys, lack of rest, time zone changes, or unexpected situations can lead to distress.

Recommendations:

- Ensure you get adequate rest before and during your trip.
- Maintain regular communication with family or trusted individuals.
- Stick to your regular meal and sleep schedules as much as possible.
- Schedule frequent breaks during long journeys.
- Practice relaxation techniques, such as deep breathing and stretching.
- Avoid the consumption of alcohol or stimulants.

Heatstroke

Heatstroke is a medical emergency that occurs when body temperature reaches high levels (above 39-40°C). Symptoms include confusion or an altered mental state, dizziness or fainting, dry, red, or hot skin, intense headaches, nausea or vomiting, and a rapid pulse.

Recommendations:

- Stay well-hydrated, even if you do not feel thirsty.
- Avoid sun exposure between 11:00 AM and 4:00 PM.
- Wear light, light-colored, and breathable clothing.
- Stay in well-ventilated or shaded areas.
- Never leave people or pets inside closed vehicles.

In the Health Units, the following services are offered:

- Emergency care, vaccine administration, medical consultations, dental care, and prenatal care.
- Distribution of "Vida Suero Oral" sachets.
- Issuance or updating of the National Health Card for the registration and monitoring of health promotion and disease prevention activities.
- Information about the environments where you live, work, and interact during your stay, ensuring they are conducive to good health.
- Guidance on topics that promote healthy lifestyles, such as personal hygiene, nutrition, physical activity, alcohol consumption, tobacco use, drug prevention, sexual health, violence prevention, mental health, and accident prevention.

Windows to Health

Give you access to preventive health services and education:

- Guidance and advice on disease prevention and health promotion, to improve quality life.
- Timely detection of HIV/AIDS, body mass index, cholesterol and glucose levels, COVID-19, mental health, among others.
- Referral to health services (community clinics) for a specialized service, free or low cost.
- Vaccination campaigns

- Information on health insurance in the U.S.
- Support for navigation in the health system.

In October, during the Binational Health Week, health prevention and promotion activities are carried out, where basic and specialized timely detection services are provided.

Process for the Repatriation of Seriously Ill Nationals.

The objective of the process is to direct seriously ill patients to health institutions near their place of origin, ensuring they receive the necessary medical care and treatment in the shortest possible time.

Visit the nearest Mexican Consulate and explain the situation of your sick family member so that they can guide you through the procedure.

Ministry of Health

<https://www.gob.mx/salud>

Facebook: @SecretariadeSaludMx

X: @SSalud_mx

(+52) 55 2000-3400 Ext. 53066



ÁNGELES VERDES®
DIRECCIÓN GENERAL DE SERVICIOS AL TURISTA

Remember during your visit and road trip to Mexico

#AnAngelTravelsWithYou providing tourist guidance, road information and emergency mechanical assistance.

The Ministry of Tourism of the Federal Government of Mexico, through the General Directorate of Tourist Services Angeles Verdes, offers you the following:

- Mechanical assistance and support during the 365 days of the year from 8:00 a.m. to 8:00 p.m., on the main highways of the country.
- Telephone assistance for basic mechanical issues, road information and tourist guidance through the free number 078.
- Assistance in case of emergencies and disasters caused by natural phenomena.
- Accompaniment in caravans for nationals entering to the country and strategic installation of tourist guidance and mechanical points in the main highways of the country, for the duration of high vehicular traffic periods such as holiday season and long weekends.
- The Green Angels App allows you to request mechanical assistance.
- Airport information office in the Felipe Angeles International Airport

We invite you to download the Green Angels App in order to:

- Request support with a click through the Emergency Request button.
- Send us your real-time location to help direct your assistance.
- Chat with Green Angels to check the status of your service.
- Call our toll-free number 078 to request assistance.
- Get updates on the day's road events and conditions.

Green Angels operates on **233 roads sections on the highways** along the country.

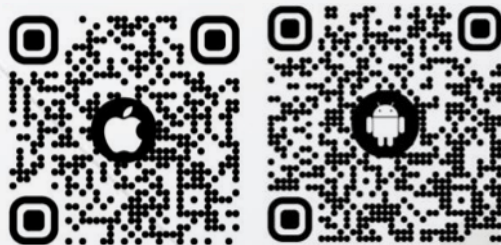
Contact us, free numbers



Tourist Attention

N° 800-0068-839

Download the app



Want to know more? Visit us at our website!

www.gob.mx/sectur/angelesverdes

Follow us

Tw. @AngelesVerdesMx

Fb. @AngelesVerdesMex

Ig. @AngelesVerdes_mx



Web Angeles Verdes

Do you know what the “Hoy No Circula Program” is, and how it works?

This program restricts the circulation of foreign and non-local vehicles within Mexico City and the State of Mexico, applying to the 16 boroughs of Mexico City and 18 municipalities in the State of Mexico.

Foreign and out-of-state vehicles without a 'Pase Turístico Paisano (Paisano Tourist Pass)' must adhere to the following circulation restrictions:

Driving Restrictions

Monday to Friday: 5:00 AM - 11:00 AM

One Day per Week: 5:00 AM - 10:00 PM (Based on the last digit of your license plate).

Saturdays: 5:00 AM - 10:00 PM

Sundays, No restrictions.

Check out the following guide to vehicle circulation days, colors, and license plate termination

STICKER COLOR	LAST DIGIT OF LICENSEPLATE	CIRCULATION LIMITS		
		DURING WEEKDAYS	SATURDAY STICKER "1"	SATURDAY STICKER "2"
YELLOW	5 and 6	MONDAY	ODD DIGIT (1, 3, 5, 7 and 9)	"ALL AND EVERY SATURDAY"
PINK	7 and 8	TUESDAY	CAR BAN first and third Saturday	
RED	3 and 4	WEDNESDAY	of every month	
GREEN	1 and 2	THURSDAY	EVEN DIGIT (0, 2, 4, 6 and 8)	
BLUE	9 and 0	FRIDAY	CAR BAN second and fourth Saturday of every month SCHEDULE from 5:00 AM - 10:00 PM	from 5:00 AM - 10:00 PM

Voluntary Emissions Testing

Under the guidelines of the '**Programa de Verificación Vehicular**' (**Vehicle Inspection Program**), vehicles with foreign license plates may undergo voluntary emissions testing to obtain an official sticker. This sticker may exempt the vehicle from some or all driving restrictions established by environmental programs in Mexico City and the State of Mexico.

To take the voluntary emissions test, you can schedule an appointment at a verification center (Verificentro) by contacting **LOCATEL**.

Dial **0311** or visit the official website:

<https://citasverificentros.cdmx.gob.mx>

How can you exempt the “Hoy No Circula” Program?

To be exempt from the “Hoy No Circula Program”, you must obtain the “**PASE TURÍSTICO PAISANO**” free of charge. This option is offered by the governments of Mexico City, and the State of Mexico, allowing vehicles with foreign plates registered in the U.S. and Canada to circulate without restriction during the periods established by the Secretariats of the Environment of both regions

This permit is granted to privately owned vehicles, no older than 15 years, that have authorization from the relevant authorities for their legal stay in Mexican national territory..

For more information, do check the following pages:

<https://www.cdmx.gob.mx/public/InformacionTramite.xhtml?faces-redirect=true&idTramite=98>

SEDEMA contact information

Mexico City Secretariat of the Environment (SEDEMA)

www.sedema.cdmx.gob.mx/

@SEDEMA_CDMX

Phone: 55-52-78-99-31
Ext. 1690 to 1694

paseturistico@cdmx.gob.mx

infoverificacionvehicular@gmail.com

Programs and services in Mexico

INAPAM

The National Institute for Elder Adults (INAPAM) issues a credential to individuals over the age of 60, granting them access to benefits and discounts at establishments nationwide.

To obtain the INAPAM credential, applicants must present the original and a copy of the following:

* Valid official ID with photograph.	*CURP(for its acronym in Spanish) and phone number of an emergency contact
* Birth certificate.	*Proof of address (no older than 6 months).
*1 recent, front-facing, child-sized photograph (color or black and white)	

INAPAM offers the following services to elder adults



* Affiliation: In coordination with the Ministry of Welfare, the INAPAM credential is issued at the service modules.	* Productive linkage: Volunteer work and formal employment.
* Comprehensive Care Center (CAI): Medical services.	* Club and Cultural Center Services: Workshops, recreational activities, and cultural events.
* Legal Counseling.	* Productive linkage service: formal employment and voluntary packers system.
* Legal advice.	* Memory Clinic: diagnostic and follow-up service.
* Gerontological Hostel Services for long-term stay.	

For more information: <https://www.gob.mx/inapam> and [gob.mx/bienestar](https://www.gob.mx/bienestar)

Mexican immigrant communities.

Today, IMSS is closer to you than ever!

If you work abroad, you can enroll in the IMSS as a self-employed or independent worker to access social security benefits in Mexico.

You will enjoy the following benefits:

1. Access to preventive health services such as vaccinations, early disease detection, and health promotion programs. This also includes medical consultations, medications, hospitalization, surgery, emergency care, and specialty services.
2. Coverage for work-related risks, including benefits in kind and financial assistance in the event of illness, accident, or death resulting from work.
3. Access to disability, widowhood, or orphanhood pensions, as well as pensions for dependent parents (ascendants), subject to the requirements established by the Social Security Law.
4. RBy paying your contributions and meeting the legal requirements, you are entitled to a pension for retirement, unemployment in advanced age, or old age.
5. Access to social services, including daycare centers and funeral services.

You may also make voluntary contributions to INFONAVIT to build savings and qualify for housing loans, products, and services.

Your legal beneficiaries (spouse or common-law partner, children, and parents) can register at their assigned Family Medicine Unit (UMF) to receive full healthcare coverage provided by the IMSS.

For more information, please visit the following link: <http://www.imss.gob.mx/personas-trabajadoras-independientes/mexicanos-en-el-extranjero>

You can enroll from your place of residence abroad, as the process is completed online through www.imss.gob.mx/personas-trabajadoras-independientes.

The procedure is very simple and only takes a few minutes:

Step 1. Enter your information:

- CURP, RFC (optional), Social Security Number (NSS granted by IMSS), and email.
- Contact details and address of your relatives in Mexico.
- Monthly income, selecting the occupation as 'independent workers living and working abroad.'
- By selecting the 'automatic renewal' service, you will receive the payment reference in your email once the insurance period ends.
- Accept the terms and conditions.

Step 2. Make the installment payments.

Payments can be made monthly, bimonthly, semi-annually, or annually in advance, during the first 15 calendar days of the month, either through a payment reference or by bank transfer to an IMSS account in Mexico

Step 3. Insurance coverage and Clinic Registration.

The insurance will be effective starting from the first day of the month following the payment.

- To receive medical services, migrant workers and their family members must register at the designated Family Medicine Clinic or Unit (FMCU) based on their residence in Mexico. These services are available within national territory.
-
- You can also register through the Financial Advisory Boards of Mexico's consular network in the United States. Visit the nearest service module, where a representative will assist you with your affiliation and answer any questions you may have.

Payment Options:

Via bank transfer.

A. At the end of the registration process, the minisite provides the option to make the payment online through banking institutions that offer this service.

B. Using the payment reference number and making the payment at the counter of any bank authorized by the IMSS, which you can consult at:

www.imss.gob.mx/patrones/sipare/entidades-receptoras

C. Through the FINABIEN app, register your personal information, select the 'Voluntary contributions to IMSS' option, enter the corresponding amount, and confirm the transaction. A 'Finabien Card' is required to use this service.

IMSS within your reach!
Contact the assistance line:
011 52 55 4166 5415



Monday – Friday 9:00 a.m. - 6:00 p.m.
Mexico City Time.

The call center is exclusively for the Mexican community abroad and their families, providing guidance on the following:

- Registration, enrollment, and program benefits.
- Insurance costs (premiums).
- Legal beneficiaries.
- Payroll tax return generation and payment options.
- Obtaining or correcting your CURP (Unique Population Registry Code) or NSS (Social Security Number).
- Registration and clinic check-in for insured individuals and their beneficiaries.

Enjoy the IMSS benefits program in Mexico for you and your family!

Legal assistance and counseling

The Federal Public Defender's Institute (FPDI) provides free support to ensure your rights are respected:



Instituto Federal de
Defensoría Pública

- In federal criminal cases, if you are accused of a crime.
- Provides guidance and legal advice to help you understand the options available to resolve any legal issue you may be facing.
- We provide legal representation in federal matters, including civil, administrative, labor, tax, immigration, and federal criminal cases. We also file amparo lawsuits to protect your human rights.

It has legal advisors specialized in defending the rights of people in mobility contexts and those under international protection, and can assist you in cases of:

- Asylum applications before COMAR.
- Family reunification for permanent residents.
- Appeals against denial of asylum or refugee status.
- Regularization of immigration status before the National Migration Institute.
- Denial of immigration alert cancellations.
- Detention in immigration stations or temporary holding centers.
- Violations of the right to health, education, social security, and a dignified life.

Immigration is NOT a crime in Mexico.

Additionally, to support the needs of repatriated Mexicans, this Institute offers the following services:

1. Guidance on legal matters affecting you within Mexico.
2. Assistance with consular procedures to obtain documents, certificates, or proof of employment, education, or assets abroad, helping you regularize your personal or family situation in Mexico.
3. Legal assistance in presenting legal matters abroad through the Ministry of Foreign Affairs,

including retention, custody, parental authority, and other issues.

4. Legal representation before any federal administrative or judicial authority, if applicable.

Visit the Institute for free guidance, legal advice, or representation. Our services are available nationwide. .

Social media:

- **X:** @defensoriaifdp
- **Facebook:** Defensoría Pública Federal IFDP
- **Instagram:** defensoria.ifdp
- **Website:** <https://www.ifdp.oaj.gob.mx> IFDP
- **Email** ifdp_refugio@oaj.gob.mx

Free legal advisory services from the Agrarian Attorney's Office.

- Protection of the agrarian rights of migrant ejidatarias and community members in the US.
- Conciliation as the preferred method for resolving agrarian disputes.
- Legal representation for ejidatarios and communal landholders before Agrarian Courts.
- Legalization of land rights for parcels or communal lands.
- Preparation and submission of inheritance lists to the National Agrarian Registry (NAR) or formalization before a Notary Public.
- Advisory services for women to obtain titles to parcel rights or common-use lands, and to update their agrarian status from "possessor" (posesionaria) to "ejido member" (ejidataria).
- Training on agrarian rights and how to exercise them.
- Technical support for ejidatarios or communal landholders in the productive development of their parcels or common-use lands.
- Filing complaints against authorities or public officials for violations of Agrarian Law.
- Handling grievances against Commissariats or Oversight Boards for irregularities in the performance of their duties. More information and attention:

More information and attention:

Visit our website: www.gob.mx/pa

Call us: 800 228 22 63

Follow us on Social Media:

Facebook and Youtube: Procuraduría Agraria

Instagram: @pagraria

X: @PAgraria



**PROCURADURÍA
AGRARIA**

FINANCIAL SERVICES



CONDUSEF is with you: Financial guidance for Mexican nationals in Mexico and abroad.

1. Guidance on financial products and services.
2. Attention to complaints regarding financial products and services contracted in Mexico.

If you are in the U.S., visit the nearest Module for Assistance Abroad (MAEX) at your local Mexican Consulate. There, you can receive free information, guidance, and support to resolve issues with financial institutions in Mexico.

These modules are available at Mexican consulates in cities such as: Albuquerque, Atlanta, Boise, Calexico, Chicago, Dallas, Del Rio, Denver, Philadelphia, Fresno, Houston, Kansas City, Los Angeles, Miami, New Brunswick, New Orleans, New York City, Oklahoma City, Omaha, Orlando, Oxnard, Phoenix, Raleigh, Sacramento, Santa Ana, San Antonio, San Bernardino, San Diego, San Francisco, San Jose, Seattle, Tucson, and Yuma.

They are also present in Mexican Consulates in other countries: Paris, France; Frankfurt, Germany; and Montreal, Canada (through the Mexican Trade Alliance in Montreal, ACOMM).

For more information, call toll-free from the US at 855 219 3773 or visit <https://www.condusef.gob.mx/?p=mexicanos-exterior>

We invite you to visit:

'Better to be Prepared' Guide: A downloadable digital resource providing information on how to protect yourself, your assets, and your family's well-being, as well as how to prevent risks.

<https://www.condusef.gob.mx/documentos/mxexterior/mvep/Guia-MVP-2026.pdf>

3. A financial education portal for Mexicans living abroad, offering practical tools, educational materials, relevant videos, and straightforward tips.**[h](#)**

Contact from the United States at (toll free):: 855 219 3773.

And in Mexico at: 55 53 400 999 or the toll-free line: 800 999 80 80.

For remote assistance, please visit our official website:

CONDUSEF

www.condusef.gob.mx

Follow us on social media:

Facebook / Instagram: @condusefoficial

X: @CondusefMX

Youtube: CondusefOfficial

Tiktok: condusefoficial



You are not alone.

At CONDUSEF, we provide remote assistance through our official website to help you resolve, understand, and improve your financial life and that of your loved ones.

Get informed. Make better decisions. Protect your money.

Nacional Financiera (Nafin)

Is the Mexican government's development bank that fosters economic growth by providing financing and business training services to small, medium, and large enterprises, as well as entrepreneurs and strategic projects. Nafin also strengthens financial markets and acts as a government fiduciary institution to promote regional and national development.

For the first time, Nafin's financial services include credit products for MSMEs, such as:

1. "Plan México Nafin": For companies in the textile and footwear, pharmaceutical and medical device, chemical and petrochemical, and consumer goods sectors, for up to \$20 million pesos (MXN).
2. "Your First Credit": For up to \$5 million MXN.
3. "Nafin Women Entrepreneurs": For up to \$3 million MXN.
4. "SME Micro-business": For up to \$500,000 MXN.
5. "Individual Micro-business": For up to \$260,000 MXN.

All credit applications are free of charge and available through participating banks. Visit the "Financing" section at nafin.com for more details.

The National Foreign Trade Bank (Bancomext) promotes foreign trade and the generation of foreign exchange for Mexico through financing and business training services. Bancomext supports exporting companies to increase their productive capacity and expand internationally.

Bancomext's financial services include new credit products such as:

1. "Plan México Bancomext": For companies in the electrical and electronics (semiconductors), agro-industry, aerospace, automotive, and electromobility sectors, for up to \$30 million MXN or its equivalent in U.S. dollars.

2. "Bancomext Women": For up to \$30 million MXN for women in business and legal entities where women hold at least 51% of the capital stock.

Credit applications are free of charge and available through participating banks. Visit the "Products and Services" section at bancomext.com for more details.

To complement their financial offer, Nafin and Bancomext also offer training and business advisory services for entrepreneurs and business owners. These non-financial services include:

1. **Business Training:** More than 50 programs in financial inclusion, entrepreneurship, foreign trade, and business strengthening. These are free and available to the general public, startups, MSMEs, and large companies. They are offered online worldwide and in-person across Mexico's 32 states. Check schedules on official social media or visit: nafintecapacita.com and bancomextecapacita.com.
2. **Technical Assistance:** Personalized and specialized guidance on topics such as business plans, export processes, ESG criteria, and corporate governance. This service also includes credit profiling for financing referrals. Scan the QR code to register and have an executive contact you for this free service.
3. **Business Matchmaking:** Personalized consulting focused on preparing companies to participate effectively in B2B (Business to Business) meetings, based on commercial best practices that facilitate integration into value chains. Scan the QR code to register and have an executive contact you for this free service.



At Nafin and Bancomext, we recognize the hard work and dedication of the Mexican diaspora abroad in contributing to their home communities. We are pleased to offer the financial and non-financial services of both banks to help materialize and scale productive projects throughout Mexico, contributing to the country's economic development based on innovation, inclusion, and sustainability.

Contact us to learn about our full range of services:

Nafin

www.nafin.com

www.nafintecapacita.com

Facebook: @NAFINSA

Instagram: @nafinoficial

X: @NafinOficial

800 nafinsa (623 4672)

Bancomext:

www.bancomext.com

Facebook: facebook.com/bancomext/



BANCOMEXT

Instagram: @bancomextoficial

X: @bancomext

800 EXPORTA (800 397 6782)

EDUCATIONAL SERVICES

When returning from the U.S., your children can continue their education in Mexico."

"How do I enroll them?"

Preschool, elementary and middle school



The admission of students to public and private preschool, elementary and middle schools will be immediate and will be done by presenting the following:

- Birth certificate or equivalent document issued abroad: When registering, the name will be recorded as it appears on the document presented during admission to basic education institutions.
- Academic document: To ensure continuous access to preschool, elementary, and middle school education, the student must be placed based on the document verifying the last grade completed. If the academic document is not provided, the student will be placed according to the relevant school placement procedure.

All children and adolescents have the right to attend school, regardless of their immigration status, even if they do not have identification or academic documents.

If you have any questions, you can contact the authorities responsible for school oversight, as listed in the school control directory, which can be found on the following website:

https://dgair.sep.gob.mx/dir_pps

<https://dgair.sep.gob.mx/ce/directorios>

High School Education

For admission to the first cycle of baccalaureate in public schools and educational services, the applicant must undergo the diagnostic evaluation or selection process determined by the educational authority, in addition to complying with the requirements set forth therein.

For admission to private schools and educational services with Recognition of Official Validity of Studies (RVOE), Incorporation Agreement or Decree of creation, applicants must comply with the requirements and procedures established by the educational authorities of such institutions.

Students with partial high school credits who wish to continue their studies will be granted access to facilities and services subject to availability and enrollment limits. Applicants must meet the admission requirements in effect at the time of entry.

If there is no place available, the educational authority will provide the necessary guidance regarding those schools and/or educational services that have the capacity for their admission or, if applicable, the school control area(s) to which they can go for support in their location.

In addition, they will have the opportunity to accredit the baccalaureate in the educational options of certification by partial evaluations (non-school mode) or certification by examination, provided they meet the requirements set by the educational or evaluating authority.

University Education

If it is for purely academic purposes, the revalidation of studies will not be required when they intend to start higher education studies, in case of joining a Private Institution of Higher Education with Official Validation of Studies (RVOE) or a public university that is not autonomous.

According to the rules and general criteria to which the revalidation of studies carried out abroad will be adjusted, under agreement 02/04/17, guideline 20.2, it will only allow young people who will begin their higher education studies to do so without the need for the revalidation of studies at the previous level; however, for those who have completed some semesters and will continue their studies in national territory, it will be necessary to have the partial revalidation.

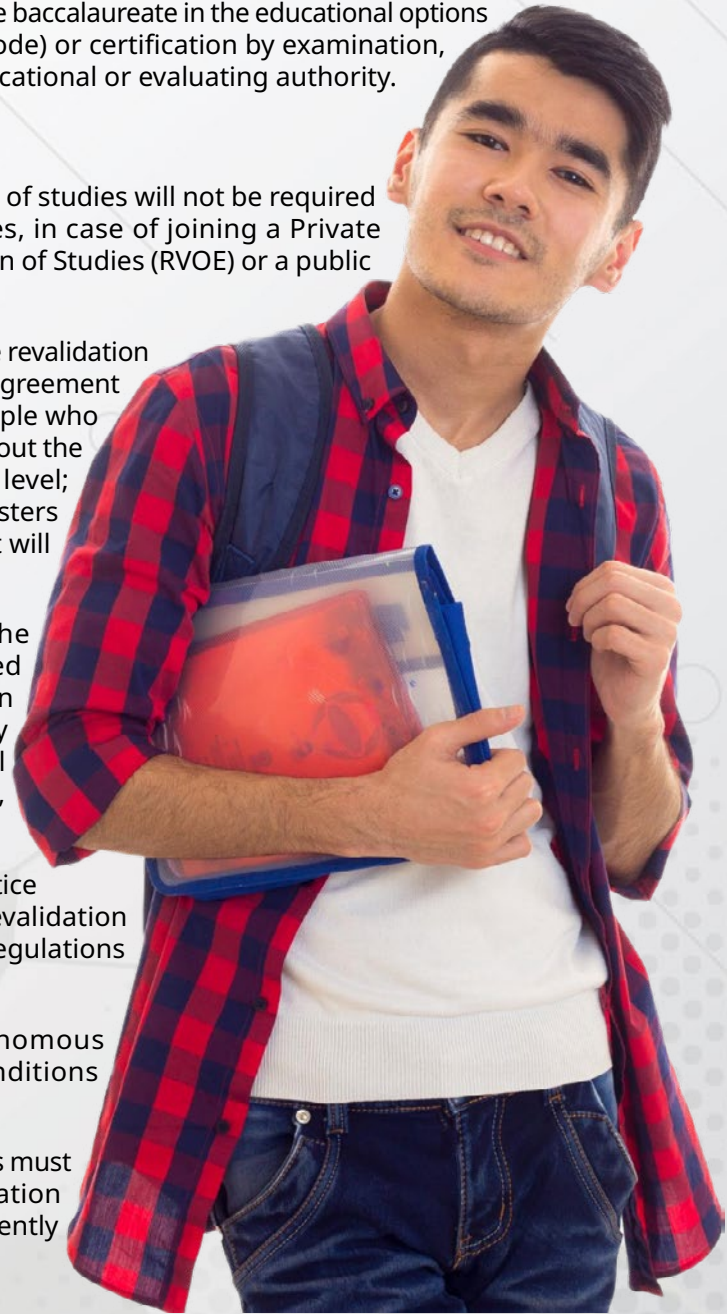
With the exception of normal education, when the interested party, with studies completed and carried out abroad, intends to become an academic or when he/she wishes to begin higher education studies in any official or private institution with recognition of official validity of studies, for exclusively academic purposes, it will not be necessary to revalidate said studies.

In the event that the interested party intends to practice professionally in Mexico, he/she must obtain the revalidation of the academic background and comply with the regulations applicable to such practice.

It must be considered that, in the case of autonomous universities, such institutions have their own conditions regarding the admission process.

In the event that they require professional practice, this must be done previously through the process of revalidation of studies, for the recognition of these and subsequently obtaining the professional license.

Contact information



General Directorate of Accreditation, Incorporation, and Revalidation, e-mail:

revalidaciones@nube.sep.gob.mx

For more information, please consult the following pages:

www.dgair.sep.gob.mx

http://www.sep.gob.mx/work/models/sep1/Resource/12240/19/images/regrevalidacion_2021_2.pdf

National Institute for Adult Education: www.gob.mx/inea/

Learn to read and write or finish your elementary or middle education.

TOTALLY FREE!

If you're 15 or older and want to start, continue, or complete your primary or secondary education, we welcome you at the National Institute for Adult Education (NIAE).

Free basic education services are available to help you enhance your skills and knowledge, contributing to a better quality of life and greater opportunities for personal and social development.

NIAE's educational offerings are grounded in principles of inclusion and social justice, addressing the specific circumstances and learning styles of both youth and adults.

NIAE is a great choice for people who are on the move. It offers:

- Registrations are open year-round.
- Community centers located in every state of Mexico, the United States, and Canada.
- Fully online study modality available through the AprendeINEA platform.
- Certification for primary or secondary education through a single exam.
- Support services for people who cannot read or write.

Contact :

Mexico: 800 00 60 300 or +52 55 52 41 27 00, Ext. 22713

USA: 1 855 348 6312



Email: edusinfronteras@inea.gob.mx

Websites:

<http://www.gob.mx/inea/>

<https://www.gob.mx/inea/acciones-y-programas/educacionsin-fronteras-190952>

Social Media:



@IneaNacional



@INEAmx



@inea_mx



IneaNacional



**National
Institute for
Adult
Education**



**TAP FOR:
DIRECTORY OF STATE INSTITUTES
FOR ADULT EDUCATION (IEEA)**

Temporary importation services via post

In accordance with Section 3.7.2 of the General Rules of Foreign Trade, . you have the right to import goods through the Mexican Postal Service (Correos de México) with the following characteristics:

- Whose customs value per recipient or consignee is equal to or less than 50 dollars, in this case the goods will not be subject to payment of the General Import Tax, Value Added Tax and Customs Procedures Duties.
- That they are not subject to non-tariff regulations and restrictions. That is, prohibited products.
- That they are used or new personal consumption goods, which according to their nature and quantity are not subject to commercialization.

- Check the location of the post office closest to your address at:

<https://www.correosdemexico.gob.mx/SSLServicios/consultaCP/bofpostal.aspx>

The Mexican Postal Service "Correos de México", has the following services that may interest you:

Postal identity card.

This document serves as identification for collecting money orders or retrieving domestic and international shipments at our offices. To apply for and obtain it, visit the nearest post office during business hours (Monday to Friday, 9:00 a.m. to 3:00 p.m.) and meet the following requirements:

- Application form
- Identity document (ID) for the applicant
- Two (2) recent, unretouched, black-and-white, front-view photographs (credential size).

Registered or certified shipping.

This is an additional service, in which your shipment is assigned a control number, allowing you to track it from the moment it is deposited until it reaches its destination.

You can send letters and small packages.

How can you make this shipment?

Request this service from the counter staff and pay the corresponding fee based on the weight and destination city of your shipment.

The counter staff will attach a label with a barcode, which will generate a control number that allows you to track your shipment throughout the entire "Correos de México" postal network. This control number will be provided to you on the printed sales receipt.

Who you can you track the shipment?

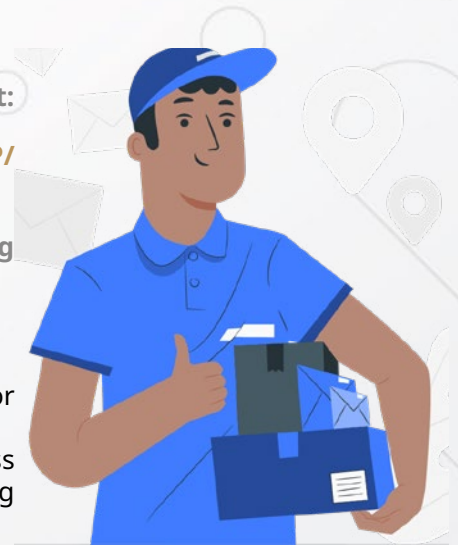
Ask your information about your direct shipment at the window or consult our portal:

<https://www.correosdemexico.gob.mx/SSLServicios/SeguimientoEnvio/Seguimiento.aspx>

Expedited Shipping EMS/Mexpost

Similar to certified shipping, a control number is assigned to your shipment, allowing you to track it at any time.

This is a preferential service that ensures your shipments are delivered in the shortest possible time.



Below, we provide general information to address the most common questions.

How can you make this shipment?

Request this service from the counter staff and pay the fee-based on your shipment's weight and destination city.

The counter staff will attach a label with a control number, which will be provided to you on your deposit guide and will help you track your shipment.

How can you track the shipment?

Ask for information about your direct shipment at the window or consult our portal:

<https://www.correosdemexico.gob.mx/SSLServicios/SeguimientoEnvio/Seguimiento.aspx>

*Additionally, the contact information for the Customer Service Center is available and can be consulted at:

<https://www.portal.correosdemexico.com.mx/portal/index.php/atencion-a-clientes/datos-de-contacto>

Contact Information

Switchboard:

(55) 5130 4100

Customer Service:

800 701 4500

800 701 7000

Service Hours:

Monday to Friday: 9:00 AM – 7:00 PM

Saturday: 9:00 AM – 12:00 PM

Customer Service Email:

contacto@correosdemexico.gob.mx

The Government of Mexico announces that, as of March 25, 2026, parcel services to the United States have resumed under the new provisions established by the U.S. government and international postal regulations. Correos de México, in its commitment to the public, will maintain current shipping rates; however, all new requirements for shipping merchandise to the United States must be met.

- Ordinary electronic postal order

It is a service so you can send your money economically throughout the country.

Requirements to obtain it:

- Request the service at the window, presenting a valid official identification.
- Fill out the SPM-214 application and request your receipt.
- Make the deposit and payment of \$ 3.91 pesos (fixed fee), plus three percent (3%) on the value of the draft and the corresponding VAT.

- The recipient must present the security code provided by the staff of the Mexican Postal Service (Correos de México), as well as an official identification, Postal Identity Card or the Certificate of Reception of Repatriated Mexicans to collect it.

Benefits:

- The recipient can collect it in more than 1,000 postal administrations nationwide.
- Your deposit arrives in a matter of minutes.
- The maximum amount per individual transaction is \$ 14,000.00 pesos.

CorreosClick: The 100% Mexican E-commerce platform

CorreosClick is a virtual shopping center that provides a space for producers and merchants to buy and sell their products online, promoting the growth of Micro, Small and Medium Enterprises (MSMEs). It also promotes the talent of Mexican artisans and producers, who with their skill and creativity capture their imagination, colors, culture and traditions in each piece of work.

CorreosClick is the best option!

We have:

- **Variety of products:** Discover unique handicrafts and products from local businesses. We offer the best items for everyone.
- **Supporting the local economy:** By shopping at CorreosClick, you contribute to the growth of artisans and small businesses in Mexico.
- **Secure delivery:** We use the Correos de Mexico's postal logistics to ensure that your purchases arrive on time and in perfect condition, wherever you are.
- **Track your package:** With the tracking guide you can easily monitor the status of your purchase.
- **Coverage:** CorreosClick is connected 191 member countries of the Universal Postal Union.

How to be part of CorreosClick?

Step 1: Log in to www.correosclik.gob.mx.

Step 2: Log in or sign up to get started, First Name, Last Name, Date of Birth, Email and phone number

Step 3: Create a password (8 characters, one uppercase, one digit, and one special character). If it is requested

Step 4: Select "Accept Privacy Policy"

| That's it, welcome to CorreosClick! |

We are committed to the success of our talented Mexican artisans. To help them continue creating their masterpieces and thrive in the world of e-commerce, we apply a small 10% commission to the seller on the final product Price. This commission allows us to provide the necessary support, enabling them to keep sharing their art with the world, while you enjoy unique and high-quality

products. Remember when you shop at in CorreosClick, you are directly contributing to the growth and development of Mexico's artisan community!

Visit our website today and find your favorite products made with love and passion, created by talented Mexican artisans and entrepreneurs.

For more information on the services offered by the Mexican Postal Service/Correos de México, please consult:

800•701•7000 (This line is free)

X: @correosdemexico

Facebook: @CorreosdeMexico.Mexpost

Instagram: @correosdemexico25



FINABIEN GUIDE FOR MIGRANTS

If you are coming from the United States, FINABIEN helps you to manage your money, send it, save it, and pay for services safely in near 1,700 branches in Mexico.

SEND YOUR REMITTANCES THROUGH FINABIEN

FINABIEN USA CARD AND FINABIEN MEXICO CARD

Two cards that allow you to move your money between countries—the United States and Mexico—use the FINABIEN app, and access a variety of services.

Additionally, it offers the best exchange rate on the market: get more pesos for your dollars.

FOR THOSE RESIDING IN THE UNITED STATES

Where can I get it?

- At Mexican Consulates in the United States.
- Visit www.gob.mx/finabien, <https://tarjetafinabien.com/us/>, or <https://www.miconsulado.sre.gob.mx/> to apply. (It will be sent to you via mail).

What documents do you need?

- Current official ID (INE, passport, Consular ID card, or driver's license)
- Valid U.S. address



- Email address
- Cell phone number

What it is used for?

- Send and receive international remittances
- Receive deposits and transfers in the United States
- Send money to your FINABIEN Mexico card (self-remittance)
- Use FINABIEN digital services

FOR THOSE RESIDING IN MEXICO

FINABIEN MEXICO CARD

Where to obtain it?

- At FINABIEN branches in Mexico
- In www.gob.mx/finabien

What documents do you need?

- Official Mexican identification (INE)
- CURP
- Proof of address in Mexico
- Email address
- Cell phone number



What it is used for?

- Receive money from your FINABIEN USA Card
- Use the FINABIEN app
- Make payments and other transactions
- Earn 10% annual returns on your savings using the virtual vault

SEND YOUR REMITTANCES THROUGH FINABIEN

1. Remittances at the counter (cash to cash)

Send or receive money through transfer agencies such as Western Union, Vigo, Uniteller, Spectrum, and Aprizapay.")

- No commission fees at FINABIEN branches.

- Guaranteed exchange rates.
- Receive more pesos for every dollar sent.

2. Digital Remittances via FINABIEN cards

If you have your FINABIEN cards:

- Deposit into your FINABIEN USA Card
- Send and receive remittances between Mexico and the USA.
- Pay for services and utilities in Mexico.
- Withdraw cash at FINABIEN branches, ATMs, and convenience stores.
- Make purchases in-store and online.

FINABIEN DIGITAL SERVICES

Save in a Virtual Vault

- Save up to 23,000 pesos per month (3,000 UDIS)
- Earn a 10% fixed annual yield on your average monthly balance

Get access to social security in Mexico (IMSS)

As a worker, you can voluntarily enroll through the IMSS portal and make contributions based on your monthly income using the FINABIEN app.

Repatriation coverage and funeral assistance

Through the FINABIEN Mexico app, you can sign up for this service by clicking the 'Funeral Assistance' bubble. You will need the following information: beneficiary's full name, phone number, email address, and date of birth.

The service includes:

- Funeral home services abroad and a receiving funeral home available in Mexico.
- Embalming according to the country's requirements.
- Documentation provided in Spanish.

"This is an annual service with a fee of \$372.00 MXN, applicable only to the cardholder.

OTHER SERVICES AT FINABIEN MEXICO BRANCHES

Payment of services and loans

- At the counter, you can pay for electricity, water, telephone, state or municipal taxes, loans, purchase airtime, and access more than 100 different services.
- Savings and investment by opening a Cetesdirecto account at any branch. This is a secure

investment backed by the Government of Mexico.



- **FINABIEN IS YOUR BEST CHOICE**
- If you bring money from the United States, you can use the FINABIEN USA Card.
- If you are going to use money in Mexico, you can use the FINABIEN Mexico Card.
- You can send and receive money through remittances to other countries at the counter or between the United States and Mexico with the app.
- You can safely store money in the Virtual Vault.
- You can pay for services at FINABIEN branches.
- You can save safely with Cetesdirecto.

Financiera para el Bienestar Mexico (Finance for Well-being)

www.gob.mx/finabien

Follow us on our social media:

Facebook: Financiera para el Bienestar México

X: @FINABIENMex

YouTube: @FINABIENMex

Instagram: FINABIENmex

Or write to us at: remesapaisano@finabien.gob.mx

Financiera para el Bienestar México





4.- ON YOUR DEPARTURE FROM MEXICO:



Necessary documents to leave national territory in the modality "exit of Mexicans":

Applicable to Mexicans who leave national territory through a place intended for the international transit of people (by air, land, or sea). All of the following original documents indicated below are required:

- Valid and current Passport;
- Statistical Form for Mexicans (FEM); which you can be physical or digital, and you can download it from the following link: <https://www.inm.gob.mx/fem/>

For Mexican nationals departing the country by air:

- The Statistical Form for Mexicans must be completed and submitted to the airline at the time of boarding. If using the digital version, it must be presented to the airline staff before boarding.

In the case of children, adolescents, or persons under legal guardianship, they must be accompanied by one of the individuals who holds parental authority or legal guardianship over them.

If they are accompanied by a third party of legal age or traveling alone, they must present their passport and the document showing authorization for their departure from national territory, issued by the person exercising parental authority or guardianship, granted before a notary public or the competent authorities; or

The document established for this purpose by the immigration authority (SAM Form).

Do you require your minor descendants to leave the country, but you cannot accompany them?

At INM we have a solution for you.

With the Minor Departure Form (SAM), minors may leave the country either alone or accompanied by a third-party adult other than a parent or legal guardian. This measure is designed to prevent the illegal abduction of minors from the country.

Who requires the SAM Form?

Minors of Mexican nationality or dual nationality (provided Mexican nationality can be verified), as well as foreign minors residing in Mexico under the status of temporary resident, temporary student resident, or permanent resident.

To obtain the SAM Form, you must visit the following link: <https://www.inm.gob.mx/spublic/portal/inmex.html>, select the "Minor Exit Form" (Formato de Salida de Menores) option, and fill in all the required information, ensuring all details are correct.

Make a payment of **\$294.00 MXN** using a Visa or MasterCard (credit or debit) online. This fee covers the issuance of the SAM Form. After completing the online registration at the link provided above, you must visit any INM office or service module located at international airports, seaports, or land border crossings.

Bring the following documents (original and one copy):

- Passport.
- The minor's Birth Certificate (for information verification).
- ID of the person authorizing the minor's departure (mother, father, or legal guardian).
- Passport of the third party accompanying the minor, if applicable.

Finally, INM staff will validate and stamp the form, and that's it! Your child can safely depart the country.

Important Reminders:

- Single Use: The form is valid for one use only.
- Validity: It is valid for 180 days from the date of issuance until it is used.
- Minor's Presence: The minor does not need to be present during this administrative process.

For more information, please visit: <https://www.gob.mx/inm/acciones-y-programas/formato-de-salida-de-menores>

The above is in accordance with Article 13, Fraction VII of the DECREE amending, adding, and repealing various provisions of the Federal Law on Rights; Article 20, Fraction II of the Migration Law; Articles 1 and 95 of the Regulations of the Migration Law; and Articles 3 (Section B, Fraction III), 142 (Fraction II, Section C), and 149 (Fractions III and IV) of the Internal Regulations of the Ministry of the Interior (Secretaría de Gobernación).

DO NOT FORGET!

When you return to the US, you must cancel the temporary import permit for your vehicle at the IITV Modules located at the Customs of exit of the national territory, and thus avoid problems and delays on your next visit to Mexico.

If for any reason you were unable to return your temporarily imported vehicle to the U.S. and the temporary import permit has expired, you must apply for a **'Safe Return'** (Retorno Seguro). This procedure is handled at the Decentralized Administration of Foreign Trade Audits under the General Administration of Foreign Trade Audits of the Tax Administration Service (SAT).

To complete the "Safe Return" process, it is recommended to consult the User Manual for Safe Return Notice for Foreign Vehicles at the following link:

[Manual_de_Usuario_Aviso_de_retorno_seguro_de_vehiculos_extranjeros.pdf](#)

Therefore, it is important not to drive your vehicle before completing the safe return procedure. Since the vehicle is in the country illegally it may be subject to sanctions, confiscation and/or seizure, or, if applicable, deprivation of liberty for the driver.

The aforementioned benefit will not be applicable when the vehicle is subject to an Administrative Procedure in Customs Matters (PAMA) or a Judicial Process.

- **If your vehicle suffered a theft or accident in Mexican Territory**

You must go to the nearest Customs Office where the theft or accident involving the vehicle occurred and comply with the requirements outlined in the **"Manual for Users Conducting the Procedure for the Temporary Entry of Vehicles and Temporary Importation of Vehicles, Motorhomes, and Vessels of Foreign Origin"**, which can be consulted on the National Customs Agency of Mexico (ANAM) website through the following link: <https://anam.gob.mx/importacion-de-vehiculos-v2/>.

If your vehicle was involved in an accident, stolen, sold or confiscated, or is abroad, and you wish to cancel the temporary entry and import permit without physically presenting the vehicle, you must follow the appropriate procedure.

You must send via certified mail to the General Directorate of Customs Operations located at Avenida Paseo de la Reforma No. 10, Floor 27, Colonia Tabacalera, Alcaldía Cuauhtémoc, Postal Code 06030 in Mexico City, the appropriate documentation for the specific case according to Whatever the case for which you wish to cancel, as well as Annex 7 in the original, It should be noted that documents issued by the Police Department or the Department of Motor Vehicles (DMV) must be presented either as originals or as copies apostilled or sealed by the competent authority, as specified in **"Manual for Users who carry out the Procedure for Temporary Internment of Vehicles and Temporary Importation of Vehicles, Motor Homes, and Vessels of Foreign Origin"** in force, which can be consulted in the following electronic link.

<https://anam.gob.mx/importacion-temporal-de-vehiculos/>

For more information, you can contact us at the following numbers:

- From Mexico City and the rest of Mexico: 55 627 22 728 (Options 7 and 8).
- ANAM Switchboard: (55) 88 89 04 00, Ext. 1266#.
- From the United States and Canada: 1 877 44 88 728 (Toll-free).

Please note that for inquiries regarding the temporary importation of foreign vehicles, motorhomes, and watercraft, you may send an email to the following address:"

Email: ciitev.aduana@anam.gob.mx

You are now in Mexico

You can work in your country.

The Secretariat of Labor and Social Welfare (STPS) offers the National Employment Service (SNE), which provides free and personalized assistance nationwide to job seekers and employers in order to connect them and promote labor inclusion in available job openings in each region of the country.

The SNE operates in all 32 federal entities and offers personalized assistance through its 167 offices.

If you want to:

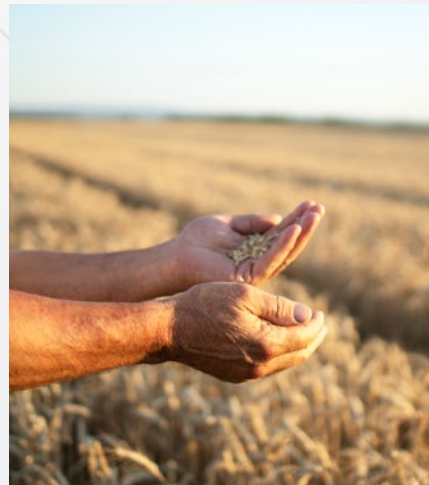
1. Know available job openings and apply for a job, visit: <https://www.empleo.gob.mx/PortalDigital>
2. Visit one of our offices for personalized assistance. Find your nearest location by consulting our national directory at <https://www.empleo.gob.mx/ayuda#directorio>, or call **079 (toll-free within Mexico)**. Select **option 4**, followed by **option 2**.
3. Learn about the services offered by the SNE, visit: <https://www.empleo.gob.mx/servicios-intermediacion-laboral>

Contact us on social media:

X: @empleogob_mx

Instagram: @servicionacionaldeempleo

Facebook: <https://www.facebook.com/empleogobmx>



COMPLAINTS

Do you want to file a complaint against a federal public servant?

YOU MAY FILE YOUR COMPLAINT WITH THE FOLLOWING AGENCY:



Secretaría Anticorrupción y Buen Gobierno (SABG) / Ministry of Anti-Corruption and Good Government:

The Ministry of Anti-Corruption and Good Government operates the **Integrated System for Citizen Complaints (SIDECA)**. Through this platform, you can file complaints regarding potential administrative misconduct by federal public servants or private individuals involved in serious violations. The system is available 24/7, 365 days a year, at the following website:

<https://sidec.buengobierno.gob.mx>

Reporting is easy. Log on to SIDECA and complete the form:

<https://www.instagram.com/buengobiernomx/reel/DL82wSjAvq0/>

Do you need assistance with filing your complaint?

The Secretariat offers a Call Center reachable at 800 1128 700 and 55 2000 2000. Additionally, the SIDECA portal features a live chat; an advisor will be available to assist you Monday through Friday, from 9:00 AM to 6:00 PM



Taxpayer Defense Attorney (PRODECON).



Paisano, do you have any tax issues? At PRODECON, we're here to help!

We offer free assistance in cases such as:

- **Conflicts with tax or customs authorities** when entering Mexico with your luggage or vehicle.
- **Difficulties with temporary vehicle entry**, even if you meet all the requirements.
- **Need advice on customs matters** to understand your rights and fulfill your tax obligations.
- **Have questions about paying taxes** related to foreign trade.

If, upon arriving in Mexico, customs authorities do not allow you to bring goods from your personal luggage or within your tax allowance, **contact PRODECON**. We are here to defend your rights!

Remember, you can visit our offices directly or, if you prefer, schedule an appointment here:

Website: www.prodecon.gob.mx

Phone:

- **Mexico City:** 55 1205 9000
- **Toll-free (within Mexico):** 800 611 0190

Email: atencionalcontribuyente@prodecon.gob.mx

Hours of Operation: Monday to Friday, 9:00 AM – 6:00 PM

Chat with an advisor: <https://www.prodecon.gob.mx/home-prodecon/chat/>

Social Media: @ProdeconMexico

National Human Rights Commission (CNDH)

The CNDH promotes and protects the rights of people in the context of human mobility:

<https://www.cndh.org.mx/programa/9/atencion-migrantes>

Address: Periférico Sur No. 3469 Colonia San Jerónimo Lídice,
Demarcación Territorial Magdalena Contreras. CP 10200, Ciudad de México.

Phone Number: 800 715 and 55 56 81 81 25



Federal Consumer Protection Office (PROFECO)

"Who's Who in Money Transfers"

Profeco offers a tool to help you choose the best company for sending and receiving money from the United States. Using the online calculator on our website, you can compare the costs and features of money transfer services in nine U.S. cities: Chicago, New York, Los Angeles, Dallas, Houston, Miami, San Jose, Indianapolis, and Sacramento.

For more information, visit: <https://qqed.profeco.gob.mx/>

If you encounter a consumer issue in Mexico, the Federal Consumer Protection Agency (PROFECO) is here to guide and advise you on your rights as a consumer.

PROFECO protects and enforces your rights even if you live outside the country. If you purchased a product or contracted a service with a supplier based in Mexico and the supplier failed to fulfill their obligations or if you are dissatisfied, you can submit your complaint via email to extranjeros@profeco.gob.mx. Please ensure your email includes a PDF attachment (no larger than 5MB) containing all the necessary information to help us understand the issue.

Also, by certified mail to the Department of Conciliation for Foreign Residents in PROFECO, located at Av. José Vasconcelos No. 208, 12th floor, Colonia Condesa, Alcaldía Cuauhtémoc, C.P. 06140, Mexico City.

Phone numbers: 55 5568 8722 or 800 468 8722 from Mexico.

- Abroad 52 55 5211 1723

email, extranjeros@profeco.gob.mx and asesoria@profeco.gob.mx

- Social Networks:

X: @AtencionProfeco and @Profeco and on

Facebook: ProfecoOficial.

TikTok: @Profeco

National Council to Prevent Discrimination (CONAPRED)

Have you been a victim of, or a witness to, a possible act of discrimination?

You can file a complaint with CONAPRED:

- By phone at 800 543 0033 and +52 (55) 5262 1490 (option 1 on the switchboard).
- Through the website at www.conapred.gob.mx
- By email at quejas@conapred.gob.mx
- In person by going to Londres 247, Colonia Juárez, Cuauhtémoc Borough, ZIP Code 06600, Mexico City.



Service hours: Monday to Thursday from 9:00 a.m. to 5:30 p.m. and Friday from 9:00 a.m. to 3:00 p.m.



Office of the Special Prosecutor for Internal Affairs, Office of Attorney General of the Republic

Were you the victim of any crime or act of corruption committed by public servants of the General Attorney Office (FGR)?

Report it to Visitel by phone: 800 890 9780, or by email: visitel@fgr.org.mx

The Specialized Prosecutor for Internal Affairs (FEAI) verifies and monitors the actions of FGR personnel and investigates the crimes in which they may incur.

This office supervises, inspects, and audits Federal Prosecutors, Federal Ministerial Police officers, ministerial officials, forensic experts, and all other personnel serving the FGR.

visitel@fgr.org.mx
[@FEAI_FGR](https://twitter.com/FEAI_FGR)

800•8909•780



Heroes and Heroines Paisanos Program

Present your complaint against the irregular actions of government authorities of the three levels, we will channel it to the competent area and we will inform you about the status of the investigation. You can send it by the following ways:

In person: You can deliver your complaint to any observer of the Heroes and Heroines Paisanos

Program, located during the Paisano Operations in Service Modules and Rest Areas.

Postal mail: Send your complaint to the following address:

“Heroes Paisanos” Program

Homero 1832, 18th Floor, Col. Los Morales Polanco,
C.P. 11510, Mayor Miguel Hidalgo, Mexico City.

Email: heroespaisanos@inami.gob.mx



HEROÍNAS
Y HÉROES
paisanos



Social media:

X: @heroespaisanos

www.facebook.com/heroespaisanos

Instagram @heroespaisanos

Free phones:

From the US: 1 877 210 9469

From Mexico: 800 201 8542

Remember that in order for your complaint to proceed properly you must take into account the following:

- Describes how the events happened chronologically, indicating place, date and time. Avoid saying: "Apparently", "it seemed to me", "I thought", "they told me", "I found out".
- If you have witnesses that support your complaint, mention them! (Include their address, phone or email to contact them).
- If you have supporting documents, videos, photographs and recordings, include them!
- Describe the public servant involved in the events and provide data with which he can be identified as name, physical appearance, agency for which they work, what was his uniform like? Was he in a vehicle? What color and what initials or plates did the vehicle have? What procedure or service originated your complaint?
- People at the service of the Federal Public Administration act in accordance with the principles and values contained in the Code of Ethics for public servants of the federal government.
- Your report can be anonymous, or you can provide your name, address and Phone to inform you about its status.

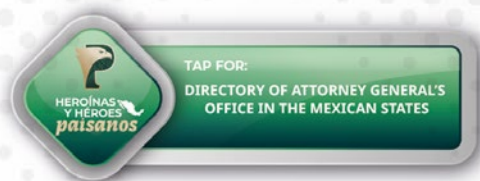
Special Prosecutor's Office for the Investigation of Crimes related to Migrants and Refugees (FGR).

On June 19, 2023, the Organic Statute of the Attorney General's Office was published in the Official Gazette of the Federation, which entered into force as of January 1, 2024, in which in its article 5 section VII, subsection d) it supports the new name, being this **Special Prosecutor's Office for the Investigation of Crimes related to Migrants and Refugees**.

COMPETENCE

The powers of the Office of the Prosecutor General also include participation in the investigation and prosecution of **federal crimes** against migrants, refugees or asylum seekers, asylum seekers, stateless persons and persons of Mexican nationality deported from other countries, who remain in border areas or areas other than their place of origin or residence. as long as they are in a **situation of homelessness and conditions of vulnerability**.

In these cases, you can request our services at any FGR Delegation in all states of the Republic or you can call 088 24 hours a day or call 55 5346 0000, Extension 508319 or 508344; You can also write to us at the following e-mail address: unidadmigrantes@fgr.org.mx or directly at the address of the Special Prosecutor's Office for the Investigation of Crimes related to Migrants and Refugees Río Pánuco No. 10 Col. Cuauhtémoc, Alcaldía Cuauhtémoc, C.p. 06500. CDMX.



Federal Prosecutor for the Protection of Children and Adolescents

Protection and restitution of rights of children and adolescents in the context of migration.

The Procuraduría Federal de Protección de Niñas, Niños y Adolescentes (PFPNNA) is the institution created within the National System for the Comprehensive Development of the Family (DIF Nacional) to ensure effective protection and restitution of the rights of children and adolescents in Mexico.

The PFPNNA and the State Prosecutors have the power to request the help of the authorities of the three levels of government to ensure comprehensive protection and restitution of the rights of children and adolescents; also establish contact and work together with the administrative authorities of social assistance, health services, education, social protection, culture, sports and with all the elements that are necessary to guarantee the Best Interests of Children.

Among the responsibilities of the PFPNNA and the State Prosecutors to protect the NNA are:

- Provide legal advice and representation to girls, boys and adolescents.
- Coordinate the execution and follow up on protection measures for the comprehensive restitution of the rights of girls, boys and adolescents.
- Conciliate and mediate in cases of family conflict, when the rights of children and adolescents have been restricted or violated.
- Report to the Public Ministry those facts that are presumed to constitute an act that the law indicates as a crime against girls, boys and adolescents.
- Request and supervise the execution of protection measures for girls, boys and adolescents.
- Supervise the proper functioning of social assistance centers.
- Carry out and promote studies and research to strengthen actions in favor of the care, defense and protection of girls, boys and adolescents.
- Manage the digital platform, National Registry of Social Assistance Centers, where the number, location, services and population of girls, boys and adolescents who are housed in these spaces are made known at the national level. The platform can be consulted through the following link: <https://portusderechos.dif.gob.mx/rncasvp/vistas/>
- Disseminate and promote the rights of girls, boys and adolescents for their protection and full exercise.

If you know of a child or adolescent who is suffering from abuse, is at risk of abuse, is the victim of a crime, or is traveling alone, contact the Federal Attorney for the Protection of Children and Adolescents at 55 30 03 22 00, extensions 4421, 4422, and 4431. Alternatively, you can visit

the Attorney General's Office for the Protection of Children and Adolescents in your state or municipality. To locate the nearest office, consult the Georeference Map of Prosecutors' Offices for the Protection of Children and Adolescents on the following website:

<https://portusderechos.dif.gob.mx/mapas/>

Visit our website: <http://sitios1.dif.gob.mx/procuraduriaDIF/>



Women's Secretariat

Programs and services for substantive gender equality and access to a life free of violence for women and girls

The Women's Secretariat (**MUJERES**), as the governing body of the national policy on substantive equality and the prevention, care, and eradication of violence against women, adolescents, and girls in the country, strengthens the Women's Institutions in the States (**IMEF**) and the Women's Institutions in the Municipalities (**IMM**). These institutions provide essential services, including:

- Psychological care and counseling
- Legal assistance and advice



Likewise, the IMEF and IMM, with the support of MUJERES, have:

- **LIBRE Centers (Liberty, Equality, Wellness, Networks, and Emancipation):** Physical spaces dedicated to women to promote their rights, foster economic autonomy and empowerment, and prevent and address violence against women through legal and psycho-emotional counseling. These centers also encourage female leadership, support the strengthening of community networks, and promote cultural change.
- **Women's Defense Attorneys (Abogadas de las Mujeres):** These specialists provide legal guidance to women and girls who are victims of gender-based violence, collaborating with law enforcement and judicial authorities to guarantee their right to access to justice and to prevent feminicidal violence.

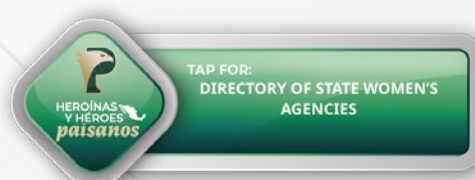
MUJERES also features **AMORES**, a team of specialists providing online Care, Guidance, Referral, and Follow-up:

Phone: 55 5322 4200 / 55 5322 6030

Extensions: 1003, 1121, 1131, 3103, 5123, and 5530

Email: atencionmujeres@mujeres.gob.mx

To obtain information on the programs and services provided by the IMEF and IMM with the collaboration and support of Women's Secretariat, see:



Remember:

The **911 number** is one of the ways to receive **emergency assistance** related to various types of **violence against women**.

You can also call the **Women's Hotline** at **079, option 1**, available **every day, 24 hours a day**.

Women's Secretariat contact:

Website [#9561](https://www.gob.mx/mujeres)

Send your questions or comments to contacto@inmujeres.gob.mx

What is human trafficking?

The purpose of these crimes is to recruit or lure individuals through deception, violence, or false promises for the purpose of exploitation.

Exploitation can take many forms, including sexual exploitation, forced labor or services, forced begging, and forced or servile marriages, among others.

According to the UNODC's 2024 Global Report on Trafficking in Persons, victims are identified by age group and gender. Globally, 39% are women and 22% are girls, while 23% are men and 16% are boys¹. Consequently, human trafficking and various forms of exploitation cannot be understood without considering gender inequality; discrimination and violence undermine the access, exercise, and respect for the rights of women and girls.



[1] United Nations Office on Drugs and Crime (UNODC). Global Report on Trafficking in Persons. (UN: 2024), p. 39. Available at:

https://www.unodc.org/documents/data-and-analysis/glotip/2024/GLOTIP2024_BOOK.pdf

Human trafficking is a crime.

With the signing of the Protocol to Prevent, Suppress and Punish Trafficking in Persons, especially Women and Children (Palermo Protocol, 2000), which complements the United Nations Convention against Transnational Organized Crime, an internationally agreed definition of "trafficking in persons", was established. This definition includes various forms of exploitation, and any person-whether woman, man, child, or adolescent-can be considered a potential victim.

Article 3 of the Protocol to Prevent, Suppress and Punish Trafficking in Persons indicates the **definition of trafficking in persons**, which for didactic purposes, is divided into three parts (actions, conduct, means and ends):

Behaviors: Recruitment, transportation, transfer, shelter or reception...

Means: threat or use of force or other forms of coercion, kidnapping, fraud, deceit, abuse of power or a situation of vulnerability or the giving or receiving of payments or benefits to obtain the consent of a person who have authority over another...

Purposes: for exploitation purposes. This exploitation will include, as a minimum, the exploitation of the prostitution of others or other forms of sexual exploitation, forced labor or services, slavery or practices similar to slavery, servitude or the removal of organs.

The victim's consent shall not be taken into account when any of the aforementioned means have been used.

It is important to highlight that when the victim is a child, or adolescent, it is not necessary for any means of trafficking to have been used, for them to be considered as a victim of human trafficking.

The victim's consent shall not be taken into account when any of the aforementioned means have been used.

It is important to highlight that when the victim is a child, or adolescent, it is not necessary for any means of trafficking to have been used, for them to be considered as a victim of human trafficking.

- **Internal and international trafficking**

Although human trafficking is defined in the context of a supplementary protocol to the United Nations Convention against Transnational Organized Crime, it can also occur within a national context.

When the entire process takes place in a single country, it is known as internal trafficking. While when there is a border crossing, it is international trafficking.

[2] Article 4, Protocol to Prevent, Suppress and Punish Trafficking in Persons, Especially Women and Children, supplementing the United Nations Convention against Transnational Organized Crime.



• Trafficking in persons and smuggling of migrants

The term human trafficking is often confused with smuggling. Much of this confusion is due to the fact that most of the texts that started to be developed on human trafficking were written in English, so when the literal translation into Spanish “traffic” was made, both terms were mixed.

Human trafficking and the smuggling of migrants are two distinct criminal phenomena; therefore, it is essential to use these terms correctly.³

[3] Article 3, Protocol to Prevent, Suppress and Punish Trafficking in Persons, Especially Women and Children, supplementing the United Nations Convention against Transnational Organized Crime.

Human trafficking	Migrant smuggling
<p>“Training, transportation, transfer, shelter or receipt of a person [...] for their exploitation.”</p> <p>Protocol to Prevent, Suppress and Punish Trafficking in Persons</p>	<p>The facilitation of a border crossing without meeting the legal or administrative requirements, in order to obtain, directly or indirectly, a financial or other material benefit.”</p> <p><i>Protocol against the Smuggling of Migrants by Land, Sea and Air</i></p>

- **Types of exploitation**

The purpose of human trafficking is the exploitation of its victims. The Protocol to Prevent, Suppress and Punish Trafficking in Persons, especially Women and Children, indicates different types of exploitation:

- prostitution or other forms of sexual exploitation,
- forced labor or services,
- slavery or practices similar to slavery,
- the easement or
- trade in organs.

The different types of exploitation (with the exception of “prostitution or other forms of sexual exploitation” and “organ trafficking”) are defined in other international instruments.

Type of Exploitation	Definition
Forced labor or services	The term "forced or compulsory labor" means all work or service which is exacted from any person under the menace of any penalty and for which the said person has not offered himself voluntarily. Source: ILO Forced Labour Convention, 1930 (No. 29), Article 2 (1).
Slavery	<i>Slavery is the status or condition of a person over whom any or all of the powers attaching to the right of ownership are exercised.</i> Source: Slavery Convention (1926), amended by the 1953 Protocol, Article 1.

Practices Similar to Slavery and Servitude

a) Debt Bondage: The status or condition arising from a pledge by a debtor of their personal services or those of a person under their control as security for a debt, if the value of those services as reasonably assessed is not applied towards the liquidation of the debt or if the length and nature of those services are not respectively limited and defined.

b) Serfdom: The condition or status of a tenant who is by law, custom, or agreement bound to live and labor on land belonging to another person and to render some determinate service to such other person, whether for reward or not, and is not free to change their status.

c) Servile Marriage: Any institution or practice whereby:

i) A woman, without the right to refuse, is promised or given in marriage on payment of a consideration in money or in kind to her parents, guardian, family, or any other person;

ii) The husband of a woman, his family, or his clan, has the right to transfer her to another person for value received or otherwise;

iii) A woman on the death of her husband is liable to be inherited by another person.

d) Child Exploitation: Any institution or practice whereby a child or young person under the age of eighteen years is delivered by either or both of their natural parents or by their guardian to another person, whether for reward or not, with a view to the exploitation of the child or young person or of their labor.

Source: Supplementary Convention on the Abolition of Slavery, the Slave Trade, and Institutions and Practices Similar to Slavery (1956), Article 1.

Additionally, it is highlighted that in the definition of human trafficking, the Palermo Protocol mentions the words “as a minimum” when it states the different types of exploitation: “This exploitation will include, as a minimum, the exploitation...”.

The inclusion of this phrase was made for two reasons; the first, so that the Protocol would cover future forms of exploitation and the second, to allow the States Parties to broaden the crimes listed in this definition when penalizing.

Such is the case of Mexico, which in its General Law to Prevent, Punish and Eradicate Crimes in the Matter of Human Trafficking and for the Protection and Assistance to the Victims of these Crimes establishes the following types of exploitation:

- slavery,
- the prostitution of others or other forms of sexual exploitation,
- labor exploitation,
- forced labor or services,

- forced begging,
- the use of persons under the age of eighteen in criminal activities,
- the illegal adoption of a person under eighteen years of age,
- forced or servile marriage,
- trafficking in organs, tissues and cells of living human beings,
- illicit biomedical experimentation on humans

For the investigation and prosecution of federal crimes involving violence against women and human trafficking, you may contact the **Special Prosecutor for Crimes of Violence Against Women, Vulnerable Groups, and Human Trafficking (FEVIMTRA)** of the Attorney General's Office (FGR):

55 5346 2516

fevimtra@fgr.org.mx

24 hours a day, 365 days a year

National Electoral Institute

Credential to vote from abroad

The voting credential is the key to the exercise of political electoral rights and verifying your identity.

To process it, just follow these steps:

1. Make an appointment through **MICONSULADO**: dial 1(424)309-0009 from the United States and Canada, or on the page: <https://citas.sre.gob.mx/>

2. On the day of your appointment, present in original:

- a. Your birth certificate or identification document;
- b. Photo identification; and,
- c. Proof of address no more than 3 months old.

****Keep the folio that will be provided to you.**

3. We will send your credential to the address you have indicated. Once you receive it, confirm it at www.votoextranjero.mx or by calling **INETEL** at **1 (866) 986 8306**, if you live in the US; or at **+52 (55) 5481 9897** from other countries.

DID YOU KNOW THAT MEXICO WILL HOLD ELECTIONS IN 2027 AND YOU CAN PARTICIPATE FROM ABROAD?

Starting September 1, 2026, voter registration opens for Mexicans living anywhere in the world. For the first time, you will be able to participate in the renewal of the Federal Electoral Tribunal's High Chamber (TEPJF). You can also vote for Governors in Baja California Sur, Colima, Chihuahua, Michoacán, Nayarit, Guerrero, Querétaro, San Luis Potosí, Sinaloa, and Zacatecas, as well as for Migrant Representatives for Mexico City, Oaxaca, Guerrero, and Jalisco.

REGISTER AND PARTICIPATE

More information at:

Official site: www.votoextranjero.mx

Email us: oveme@ine.mx / inetel@ine.mx

Our social media

X: @INEMexico / @VotoExtranjero /
@INetelMX

Facebook: /INEMexico /Voto.Extranjero.
MX /INetelMX

Phone numbers: 1 (866) 986 8306 from the US
/+52 (55) 54 81 98 97 from other countries.

Federal Ministerial Police

The Federal Ministerial Police is comprised of 32 Police Headquarters deployed across the country within Federal Prosecutor's Offices. In accordance with applicable regulations, they are institutionally committed to guaranteeing the Rule of Law and ensuring compliance with the law through effective and efficient federal justice. Their actions are guided by principles of autonomy, legality, objectivity, professionalism, honesty, and respect for human rights. They operate with an intercultural and gender perspective, a commitment to the integral protection of children and adolescents, and provide support to migrants—individuals moving within the country or across borders for various reasons. They are at your service for any incident and work alongside relevant authorities within their jurisdiction.

The Head of the Federal Ministerial Police, Eng. Manuel de Jesús Gómez Rojas, and the Head of the National Deployment Unit, Master Yali Salazar Espejel, provide the following contact details for the Attorney General's Office (FGR):

24/7 Assistance

For immediate support, you may contact the Specialized Supervisor:

Supervisor: Attorney Pedro Robredo Vital

Availability: 24 hours a day, 7 days a week.

Direct Lines FGR Phone: +52 55-21-22-69-00

Extensions: 516817, 516605, and 516692

Official Email Addresses

pfm_dgmmj1@fgr.org.mx

pedro.robredo@fgr.org.mx

marco.castellanos@fgr.org.mx

reqdiversos.dgmmj@fgr.org.mx

Specialized Prosecutor for Electoral Crimes

The Special Prosecutor for Electoral Crimes of the Attorney General of the Republic is the institution focused on seeking justice in criminal-electoral matters.

Its function is to prosecute conduct that harms or violates the political-electoral rights of citizens. Its mission is to prevent, investigate, and prosecute electoral crimes to guarantee the legality of elections and contribute to the periodic and peaceful renewal of public power in Mexico.

Receives and responds to complaints of possible electoral crimes, such as:

- Collect credentials at any time, without a cause provided by law;
- Request votes in exchange for payment, promise of money or any other consideration;
- Condition, threaten or use social programs for political-electoral purposes;
- Alter or participate in the modification of the federal voter registration;
- Violating in any way the political-electoral rights of women based on gender;
- Request or order evidence of voting;
- Organize the meeting or transport of voters on the day of the election day in order to guide the direction of their vote and;
- Provide funds from abroad to a political party, coalition or political group, to support an electoral campaign.

If you are a victim or witness of an electoral crime.

Report It!

Complaint Assistance

FISETEL: 800 833 7233

FISENET: fedenet.org.mx | fisenet.fgr.org.mx

Switchboard: +52 (55) 5346 0000



14. National Coordination of State Offices for Migrant Affairs (CONOFAM) Purpose: Coordinates state-level efforts for the design, management, implementation, and dissemination of public policies focused on assistance for migrants and their families.

Objective: To articulate and strengthen state efforts to intervene before local, national, and international bodies regarding the protection and advocacy of human, labor, political, and any other rights of migrants. This includes actions within the Mexican Republic, abroad, and in their communities of origin, transit, and destination.



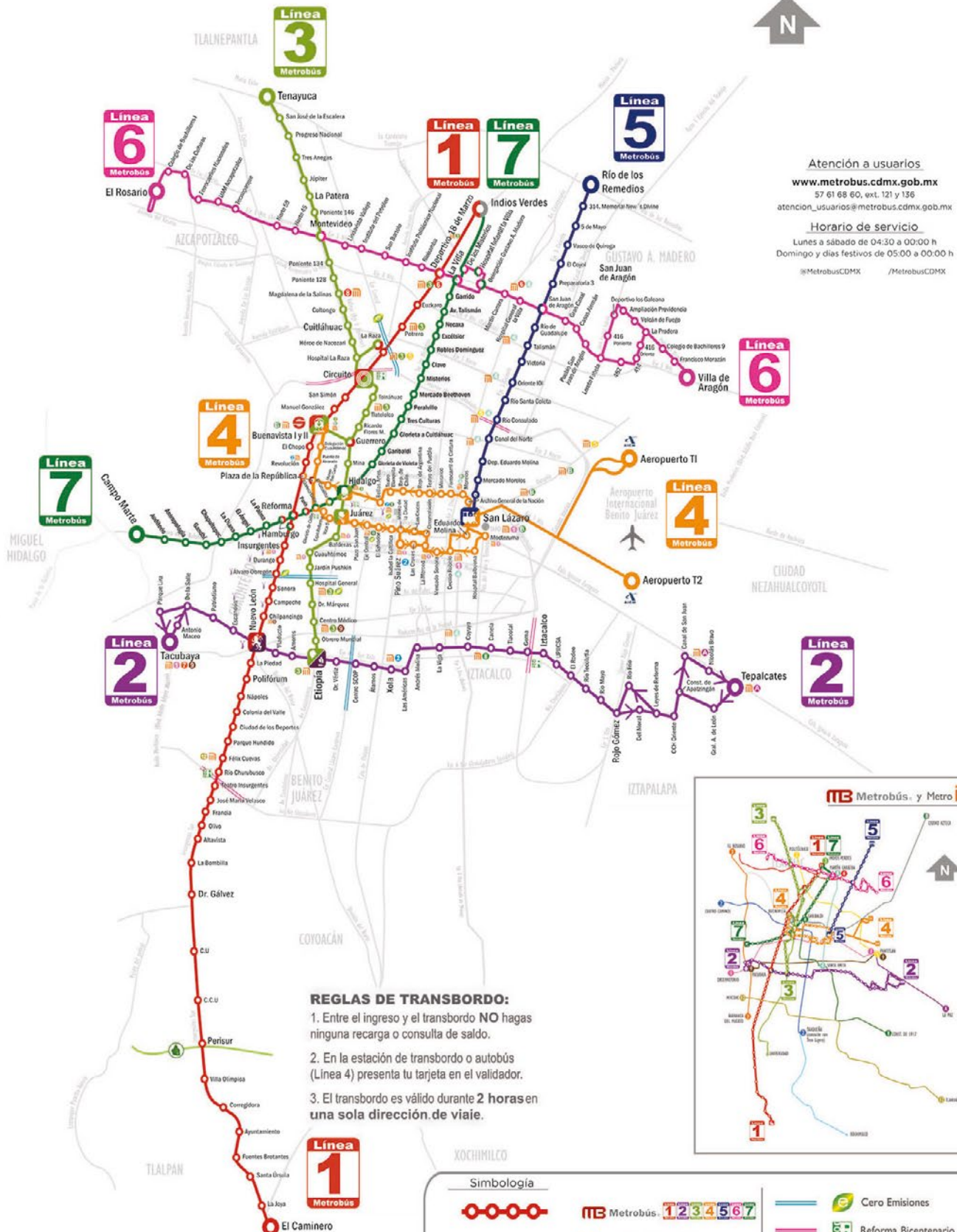


Subway of Mexico City, CDMX

USEFUL INFORMATION

Subway of Mexico City





Interconnections of subway with suburbano



Route map

